



Safety Checklist

The top 10 ways to stay safe this season:

1. When decorating, always use the proper step ladder instead of chairs or other furniture
2. Ensure lights being used for holiday decorating have no exposed or frayed wires, loose connections, or broken sockets
3. Keep tree ornaments that are breakable or have metal hooks out of reach of small children or animals
4. Do not burn candles near trees, curtains, or any other flammable items, and keep them out of reach of children
5. Make sure paths are clear indoors to avoid tripping on wrapping paper, decorations, toys, etc
6. Plants can spruce up your holiday decorating, but keep those that may be poisonous (including some Poinsettias) out of reach of children or pets; the national Poison Control Center can be reached at (800) 222-1222
7. Avoid food contamination by refrigerating food within two hours after eating - leftovers are safe for up to four days in the refrigerator - and make sure to wash hands, utensils, sink, and anything else that touches raw meat
8. Use a designated driver after holiday parties, as alcohol, over-the-counter, or illegal drugs all cause impairment
9. When driving, put your cell phone away; distracted driving causes one-quarter of all crashes
10. Make sure your vehicle is properly maintained, and keep an emergency kit with you to include necessities if you can't get home

Happy Holidays from Evolved Safety!

