

SafetySkills®
Work Smarter

course catalog

Introduction

SafetySkills interactive, web-based courses are designed to ensure that companies meet their regulatory training requirements and employees learn best safety practices. These courses make personnel aware of the wide range of hazards found in industrial environments and provide the critical knowledge, skills and abilities they need to work safely.

Effective Training

Learning is not a spectator sport. In order to learn, the learner must be engaged. Taking a SafetySkills course is a “front-of-the-seat” experience; our courses contain rich, professionally produced media including 2-D Flash and 3-D animations and simulations, as well as studio-produced audio narration.

Ensuring Competency

It is not enough that your employees receive their critical compliance training; you need to know that they learned. Our “competency-based” approach is designed to verify that your employees have obtained the required HR and EHS competencies.

Accurate, Effective and Current

As a client, your company can take advantage of this offering and be assured of our commitment to continually update these courses to make sure they include future regulatory changes and advancements in industry standards.

SCORM 1.2 Compliant

All SafetySkills courseware is SCORM 1.2 compliant and will integrate with your SCORM 1.2 compliant learning management system. Our courses have been deployed on all major platforms including: Oracle (PeopleSoft), SAP, Saba, Moodle, Skillport, Plateau, and many others.

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Ladder Safety for Oil & Gas



Kitchen Equipment Safety

Cal/OSHA Series

CODE	TITLE	DESCRIPTION	M/D	TIME
CAL-9.0	Basic First Aid - Cal/OSHA	Upon completion of this learning event, the learner will have passed an exam derived from information pertaining to first aid procedures and how to apply them to real-world scenarios. Employees will learn their legal responsibilities as a first aid provider, how to identify different types of medical emergencies and the proper steps to take, and how to react in specific environmental conditions like extreme heat and cold. This course is provided to assist the employer in meeting the requirements of OSHA Standard 29 CFR 1910.151, Medical Services and First Aid, as well as Cal/OSHA Standard 8 CCR Sec. 3400.		35
CAL-5.0	Bloodborne Pathogens - Cal/OSHA	Upon completion of this learning event, the learner will have passed an exam derived from information pertaining to the hazards of bloodborne pathogens in the workplace. Employees will learn how to identify major bloodborne diseases and symptoms, how pathogens are transmitted, the basics of exposure prevention and incident response and cleanup. This course is intended to assist the employer in meeting the requirements of Cal/OSHA standard 8 CCR Sec. 5193 and OSHA standard 29 CFR 1910.1030.		31
CAL-7.0	Compressed Gases Awareness - Cal/OSHA	Upon completion of this learning event, the learner will have passed an exam derived from information pertaining to the hazards associated with working around compressed gases and how to minimize or eliminate them. Employees will learn how to identify the hazards of compressed gases and compressed gas cylinders, labeling and storage requirements for cylinders, and how to implement safe work practices. This course is designed to help the employer meet the requirements of Cal/OSHA standard 8 CCR Sec. 4650 and OSHA standard 29 CFR 1910.101.		16
CAL-4.0	Electrical Safety - Cal/OSHA	Upon completion of this learning event, the learner will have passed an exam derived from information pertaining to the potential hazards associated with electrical equipment in the workplace and how to minimize or eliminate those hazards. Employees will learn how to recognize the dangers of electricity, possible electrical injuries, and how to use standard hazard controls. This course is provided to assist the employer in meeting the requirements of Cal/OSHA and Federal OSHA standards.		23
CAL-1.0	Fall Protection Awareness - Cal/OSHA	Upon completion of this learning event, the learner will have passed an exam derived from information pertaining to the importance and practice of consistent fall protection. Employees will learn about fall hazards, how to identify fall protection methods and various safe work practices. This course provides information to aid the employer in meeting the training requirements of 8 CCR Section 3210, 8 CCR Section 3622, and 29 CFR 1926.502. Hands-on training for personal fall arrest systems will need to be provided by employers.		20
CAL-11.0	Fire Safety - Cal/OSHA	Upon completion of this learning event, the learner will have passed an exam derived from information pertaining to how to respond to a fire emergency in order to stay safe. California employees will learn their responsibilities in a fire emergency, how to identify different alarm signals, evacuation routes and procedures, and fire extinguisher use. This course is provided to assist the employer in meeting the requirements of Cal/OSHA Standards 8 CCR Section 6151 and 8 CCR Section 6184, as well as OSHA Standards 29 CFR 1910.33 – 39.		22
CAL-8.0	Forklift Operator Training: Fundamentals - Cal/OSHA	Upon completion of the learning event, the learner will have passed an exam derived from information pertaining to the forklift's instruments and controls, common hazards associated with forklift operation and Cal/OSHA-required safe work practices for forklift operation.		24

Cal/OSHA Series (Cont.)

CODE	TITLE	DESCRIPTION	M/D	TIME
CAL-10.0	Hand and Power Tool Safety - Cal/OSHA	Upon completion of this learning event, the learner will have passed an exam derived from information pertaining to the importance of hand and power tool safety and how to achieve it. Employees will learn the common hazards of different types of hand and power tools, including electrical, pneumatic, hydraulic and abrasive-wheel tools and how to minimize or eliminate those hazards. This course is provided to assist the employer in meeting the requirements of Cal/OSHA Standard 8 CCR Section 3556 and OSHA Standards 29 CFR 1910.241-244.		24
CAL-2.0	Hot Work/Arc Welding - Cal/OSHA	Upon completion of this learning event, the learner will have been given information concerning the hazards associated with arc welding hot work and how to protect themselves from them. Employees will learn about burns, fumes and gases, electric shock, fire and noise hazards. This course is provided to assist the employer in meeting the requirements of Cal/OSHA Standards 8 CCR Sec. 4851 and 5150.		22
CAL-6.0	Industrial Ergonomics - Cal/OSHA	Upon completion of this learning event, the learner will have passed an exam derived from information pertaining to the ergonomics in industrial settings to reduce injury. Employees will learn how to identify ergonomic risk factors, potential injuries, and methods to minimize or eliminate ergonomic hazards. This course is provided to assist the employer in meeting the requirements of OSHA Standard 1910.900 and Cal/OSHA Standard 5110.		18
CAL-3.0	Ladder Safety - Cal/OSHA	Upon completion of this learning event, the learner will have passed an exam derived from information pertaining to ladder hazards and consistent safe work practices. Employees will learn to recognize the hazards of ladder use, the different types of ladders, inspection requirements for ladders and the rules of ladder use. This course is intended to assist the employer in meeting Cal/OSHA standards 8 CCR Section 3276 as well as OSHA standards 29 CFR 1910.24-27.		20
HRM-21.0	Sexual Harassment and Discrimination in California for Employees	Upon completion of the learning event, the learner will have displayed the ability to identify sexual harassment and discrimination laws and how they are applicable to employees in California.		25
HRM-18.0	Sexual Harassment Prevention for Managers in California (AB1825)	Upon completion of the learning event, the learner will have displayed the ability to recognize sexual harassment and discrimination laws, protected statuses, and their responsibilities as managers. This course also contains several scenarios and meets California's AB 1825 requirement for a two-hour runtime.		124

Canadian Series

CODE	TITLE	DESCRIPTION	M/D	TIME
JSA-2.0can	Back Injury Prevention - Canada	Upon completion of this learning event, the learner will demonstrate knowledge of the major causes of workplace back injuries and how to prevent them. Employees will learn about hazards and the three major types of hazard controls.		13
BFA-1.0can	Basic First Aid - Canada	Upon completion of this learning event, the learner will demonstrate knowledge of first aid procedures and how to apply them to real-world scenarios. Employees will learn their legal responsibilities as a first aid provider, how to identify different types of medical emergencies and the proper steps to take, and how to react in specific environmental conditions like extreme heat and cold.		32
BBP-1.0can	Bloodborne Pathogens - Canada	Upon completion of this learning event, the learner will demonstrate knowledge of the hazards of bloodborne pathogens in the workplace. Employees will learn how to identify major bloodborne diseases and symptoms, how pathogens are transmitted, the basics of exposure prevention and incident response and cleanup.		30
CHM-1.0can	Chemical Safety - Canada	Upon completion of this learning event, the learner will demonstrate knowledge of safe work practices to be used while working with and around different types of chemicals. Employees will learn how to identify hazards associated with different chemicals, how to identify those hazards based on container labeling, how to properly use personal protective equipment, and safe storage and cleanup procedures.		22
CSW-1.0can	Cold Stress in the Workplace - Canada	Upon completion of this learning event, the learner will demonstrate knowledge of hazards associated with working in cold temperatures and how to minimize or eliminate those hazards. Employees will learn how to anticipate and identify the effects of cold stress and learn methods used to prevent it.		19
CFS-1.0can	Confined Space Awareness - Canada	Upon completion of this learning event, the learner will be able to identify the major hazards associated with working in and around confined spaces, and recognize methods to minimize or eliminate those hazards. This course is provided to assist the employer in meeting the requirements of OHS regulations. Workplace specific information and hands on training requirements will be needed in addition to this course.		23
BCS-1.0can	Construction Safety - Canada	Upon completion of this learning event, the learner will demonstrate knowledge of hazards and safe work practices on construction sites. Employees will learn how to recognize common construction site hazards, the use and importance of personal protective equipment, and how to identify safe housekeeping practices. This course is intended to provide a brief overview towards meeting the construction safety requirements contained in OHS regulations.		17
DRV-5.0can	Delivery Driver Safety - Canada	Upon completion of this learning event, the learner will display the ability to identify hazards associated with working as a delivery driver, and identify safe work practices used to eliminate, minimize or avoid those hazards.		21
HRM-3.0can	Discrimination in the Workplace for Managers - Canada	Upon completion of this learning event, the Learner will know how to identify the legal issues associated with discrimination in the workplace and how to minimize or eliminate a company's chances of unfavorable legal action. Managers will learn how to identify what workplace discrimination is and how it occurs, protected class categories, recognize workplace aspects of discrimination and recognize that employers have certain legal responsibilities to prevent discrimination.		20
DRV-2.0can	Distracted Driver - Canada	Upon completion of this learning event, the Learner will be able to identify the common causes of hazardous driver distractions and methods for minimizing or eliminating them.		22

Canadian Series (Cont.)

CODE	TITLE	DESCRIPTION	M/D	TIME
DRV-1.0can	Driver Safety - Canada	Upon completion of this learning event, the learner will demonstrate knowledge of safe driving habits and defensive driving methods. Employees will learn how to recognize accident prevention and safe driving habits, identify different road hazards, and recognize hazardous driving behavior in themselves and others. This course will assist the employer in increasing the safety of their employees that drive as a part of their job and reducing costs associated with roadway accidents.		20
HRM-8.0can	Drug Free Workplace - Canada	Substance abuse is a problem that can seriously affect the safety of all employees in the workplace. Upon completion of this learning event, the learner will demonstrate knowledge of the importance of eliminating drugs from the workplace and what they can do to help. Employees will learn about the impact of drug and alcohol abuse in workplaces, how to identify the elements of a drug-free workplace program and the signs and symptoms of drug and alcohol abuse. This course is intended to assist the employer when meeting the various laws that cover Drugs in the Workplace.		23
ELT-4.0can	Electrical Safety - Arc Flash - Canada	Upon completion of the learning event, the learner will display the ability to recognize the conditions that commonly produce arc flashes and OHS and NFPA required measures for preventing arc flashes.		14
ELT-1.0can	Electrical Safety - Canada	Upon completion of this learning event, the learner will demonstrate knowledge of potential hazards associated with electrical equipment in the workplace and how to minimize or eliminate those hazards. Employees will learn how to recognize the dangers of electricity, possible electrical injuries, and how to use standard hazard controls.		19
EMR-1.0can	Emergency Response - Canada	Unexpected emergencies can happen anytime, anyplace. Upon completion of this learning event, the learner will demonstrate knowledge of what to do in case of an emergency in the workplace. Employees will learn how to identify the importance of a well-defined emergency response plan and reporting emergencies, the components of an evacuation, and identify emergency response actions.		18
EXC-1.0can	Excavation and Trenching - Canada	Upon completion of this learning event, the Learner will know how to recognize the potential hazards of working in or around trenches and excavations, and the legally required protective measures they must employ on the job. This course is intended to assist the employer in meeting OHS standards.		18
FAL-1.0can	Fall Protection - Canada	Falling is consistently one of the most common causes of workplace fatalities. Upon completion of this learning event, the learner will demonstrate knowledge of the importance and practice of consistent fall protection. Employees will learn about fall hazards, how to identify fall protection methods and various safe work practices. This course provides information to aid the employer in meeting the training requirements of OHS laws. Hands on training for Personal Fall Arrest Systems will need to be provided.		19
FRS-1.0can	Fire Safety - Canadian	Upon completion of this learning event, the learner will demonstrate knowledge of how to respond to a fire emergency in order to stay safe. Employees will learn their responsibilities in a fire emergency, how to identify different alarm signals, evacuation routes and procedures, and fire extinguisher use. This course is provided to assist the employer in meeting the requirements of OSHA Standard 29 CFR 1910.33 – 39.		20
FLO-1.0can	Forklift Operator Training - Fundamentals - Canada	Upon completion of the learning event, the learner will display the ability to recognize the forklift's instruments and controls, common hazards associated with forklift operation and OHS-required safe work practices for forklift operation.		24

Canadian Series (Cont.)

CODE	TITLE	DESCRIPTION	M/D	TIME
OGS-1.0can	H2S Safety Procedures for Drilling and Production Operations - Canada	Hydrogen sulfide gas is a common hazard in the oil and gas industry. This course will teach employees the sources of hydrogen sulfide, its physical and chemical properties and effects on the body, hydrogen sulfide exposure controls and exposure response.		19
OJS-12.0can	Halloween Safety Tips - Canada	Upon completion of the learning event, the learner will be able to identify common hazards associated with Halloween and their recommended preventive measures.		8
HPT-1.0can	Hand and Power Tool Safety - Canada	Upon completion of this learning event, employees will demonstrate knowledge of the importance of hand and power tool safety and how to achieve it. Employees will learn the common hazards of different types of hand and power tools, including electrical, pneumatic, hydraulic and abrasive-wheel tools and how to minimize or eliminate those hazards. This course is provided to assist the employer in meeting the requirements of OHS laws.		24
DRV-6.0can	Hazardous Driving Conditions - Canada	Upon completion of this learning event, the learner will display the ability to identify hazards associated with working as a delivery driver, and identify safe work practices used to eliminate, minimize or avoid those hazards.		17
DRV-4.0can	Hazards of Speeding - Canada	“Warning” Discretion advised: This course uses imagery and content that may not be appropriate for all corporate cultures or environments. We are happy to offer a more traditional version of this course for those organizations. Upon completion of the learning event, the learner will demonstrate the ability to recognize speeding hazards and identify strategies to minimize, eliminate or avoid them.		11
HRC-1.0can	Hearing Conservation - Canada	Hearing loss is a major hazard in many workplaces. Upon completion of this learning event, employees will demonstrate knowledge of noise levels, hearing hazards and OHS standards on how to prevent hearing loss. Employees will learn how to define noise and noise levels, hearing loss, and recognize different types of hearing protection. This course is provided to assist the employer in meeting the requirements of OHS laws.		20
HSW-1.0can	Heat Stress in the Workplace - Canada	Upon completion of this learning event, employees will demonstrate knowledge of hazards associated with working in high heat and how to minimize or eliminate those hazards. Employees will learn how to identify the hazardous health effects of high heat, methods to prevent those health effects and what to do if a co-worker exhibits symptoms of heat stress like heat fatigue, heat rash, heat cramps, heat exhaustion and heat stroke. This course is intended to assist the employer in meeting the requirements of OHS laws.		16
HTW-1.0can	Hot Work/Arc Welding - Canada	Hot work, which includes torch cutting and welding, carries its own set of workplace hazards. This course will teach employees about the hazards associated with hot work and how to protect themselves from them. Employees will learn about burns, fumes and gases, electric shock, fire and noise hazards.		22
INV-1.0can	Incident Investigation - Canada	While larger companies have highly-trained Safety and Health officers, many small businesses must recruit someone from within the company to implement programs and policies. This course will teach the small business safety officer about incident investigations and their basic performance. Employees will learn when to perform an investigation, who should be involved, what to ask, who to ask and the proper steps to meet the company’s goals.		18
ERG-1.0can	Industrial Ergonomics - Canada	Ergonomics is the process of reducing worker injury through effective workplace design. Upon completion of this learning event, employees will demonstrate knowledge of ergonomics in industrial settings to reduce injury. Employees will learn how to identify ergonomic risk factors, potential injuries, and methods to minimize or eliminate ergonomic hazards.		18

Canadian Series (Cont.)

CODE	TITLE	DESCRIPTION	M/D	TIME
LDR-1.0can	Ladder Safety - Canada	Upon completion of this learning event, employees will demonstrate knowledge of ladder hazards and consistent safe work practices. Employees will learn to recognize the hazards of ladder use, the different types of ladders, inspection requirements for ladders and the rules of ladder use. This course is intended to assist the employer in meeting OHS requirements.		20
LOT-1.0can	Lockout/Tagout - Canada	Upon completion of this learning event, employees will demonstrate knowledge of how lockout programs work and the different roles workers must play to make them successful. Employees will learn to identify the importance of proper lockout procedures, what workers are authorized to perform those procedures, the special provisions of lockout programs, and more. This course is provided to assist the employer in meeting OHS requirements. Workplace specific information will need to be provided by the employer.		19
MCG-1.0can	Machine Guarding - Canada	Upon completion of this learning event, employees will demonstrate knowledge of machine guarding, its function and importance. Employees will learn to define machine guarding, locate fundamental machine areas, machine hazards, the types of machine guards, and the types of machine devices. This course is intended to assist the employer in meeting the requirements of OHS regulations.		15
MAT-1.0can	Materials Handling - Canada	Upon completion of this learning event, employees will demonstrate knowledge of materials handling and storage, potential hazards and methods to control those hazards. Employees will learn to recognize lifting hazards and safe lifting techniques, proper methods for safe material stacking and storage, proper use of mechanical material handling equipment and the role of ergonomics in safe materials handling.		30
ERG-2.0can	Office Ergonomics - Canada	Ergonomics is the process of reducing worker injury through effective workplace design. Upon completion of this learning event, employees will demonstrate knowledge of how to implement ergonomic principles in office settings to minimize or eliminate potential hazards. Employees will learn to identify ergonomic risk factors at office workstations, basic ergonomic designs used to prevent injuries, and differentiate between the correct and incorrect methods to lift safely. This course is provided to assist the employer in meeting the requirements of the Occupational Health and Safety law of its particular jurisdiction.		14
OGS-18.0can	Oil Rig Safety - Canada	Upon completion of this learning event, the learner will know the basic terminology and operations associated with oil rigs. The learner will recognize the basic function of an oil rig and its major stages of operation, and recognize the major hazards of working on an oil rig. This course is intended to assist the employer in meeting OHS requirements.		24
AUD-1.0can	Performing Safety Audits - Canada	Safety audits are a useful tool for companies to reduce workplace hazards and improve processes overall. Upon completion of this learning event, employees will demonstrate knowledge of performing safety audits and an understanding of their benefits. Employees will learn to define a safety audit, recognize their purpose, scope and application, recognize audit procedures and the steps of audit protocol.		22
PPE-1.0can	Personal Protective Equipment - Canada	Personal protective equipment, or PPE, is a requirement for many different jobs. Upon completion of this learning event, employees will demonstrate knowledge of the need for PPE, define the concept of a hazard assessment, things to consider when choosing PPE, and the different types of PPE used to protect all parts of the body. This course is intended to assist the employer in meeting the requirements of OHS laws. Hands on training will need to be provided in addition to this course.		35

Canadian Series (Cont.)

CODE	TITLE	DESCRIPTION	M/D	TIME
FRS-2.0can	Portable Fire Extinguishers - Canada	Fires can inspire panic, and reviewing how to use a fire extinguisher beforehand can save precious seconds that could make all the difference in an emergency. Upon completion of this learning event, employees will demonstrate knowledge of how and when to use different types of portable fire extinguishers. Employees will learn to recognize when to use a portable fire extinguisher, the three types of fire extinguishers, and the steps of the PASS technique.		12
RSP-1.0can	Respiratory Protection - Canada	Upon completion of this learning event, the learner will demonstrate knowledge of the basics of respiratory protection and how to use it on the job. Employees will learn about potential inhalation hazards, the different respirator types and their uses, how to fit test a respirator mask and respirator care and maintenance.		19
DRV-3.0can	Road Rage - Canada	Upon completion of this learning event, the learner will be able to recognize the signs of aggressive driving behavior in others and himself. The learner will also be able to identify constructive responses and prevention measures that can be used to avoid injury due to aggressive drivers/driving.		14
MSD-1.0can	Safety Data Sheets - Canada	Material Safety Data Sheets are provided by chemical manufacturers to communicate the potential chemical hazards of their products. Upon completion of this learning event, employees will demonstrate knowledge of MSDSs and how they can use them to protect themselves from harmful exposure. Employees will learn to recognize the purpose of MSDSs, identify the sections of MSDSs and their contents, use a glossary to find common MSDS terms and identify where MSDSs should be kept. This course is provided to assist the employer in meeting WHMIS standard.		25
SCF-1.0can	Scaffold Safety - Canada	Upon completion of this learning event, the learner will demonstrate knowledge of staying safe while working on scaffolds. Employees will learn the definition of a scaffold, the potential hazards of working on a scaffold such as falls, electrocution and scaffold collapses, and major hazard control methods to prevent them.		12
SVW-1.0can	Severe Weather and Outdoor Work - Canada	Many jobs require outdoor work on a regular basis. Upon completion of this learning event, employees will demonstrate knowledge of severe weather hazards and how to react when severe weather strikes during work processes. Employees will learn to identify hazards associated with severe weather and standard protocols to follow during severe weather events.		18
STF-1.0can	Slips, Trips and Falls - Canada	Slips, trips and falls are a major source of injury in U.S. and Canadian workplaces. Upon completion of this learning event, employees will demonstrate knowledge of slip, trip and fall hazards and what they can do to minimize or eliminate those hazards. Employees will learn to identify general OHS safety requirements, guarding for floor and wall openings, issues with stairways, ladder, scaffolds, loading docks and how personal behavior affects safety.		21
HRM-7.0can	Violence in the Workplace - Canada	This course will teach employees the major causes and types of workplace violence, their warning signs and how to prevent it. Upon completion of this learning event, employees will demonstrate knowledge of workplace violence, the different types and sources, and the methods used to prevent workplace violence and ensure compliance with OHS and other laws.		20
WHS-1.0can	Warehouse Safety - Canada	Upon completion of the learning event, the Learner will know how to identify common hazards associated with materials handling and other warehouse operations, and how to minimize or eliminate those hazards. This course is intended to aid the employer in meeting OHS requirements.		12
WMS-1.0can	WHMIS	Upon completion of the learning event, the learner will have displayed the ability to recognize and carry out his or her fundamental responsibilities to work safely with or near hazardous chemicals as required by the Workplace Hazardous Materials Information System (WHMIS).		12

Driver Safety Series

CODE	TITLE	DESCRIPTION	M/D	TIME
DRV-5.0	Delivery Driver Safety	"Warning" Discretion advised: This course uses imagery and content that may not be appropriate for all corporate cultures or environments. We are happy to offer a more traditional version of this course for those organizations. Upon completion of this learning event, the learner will display the ability to identify hazards associated with working as a delivery driver, and identify safe work practices used to eliminate, minimize or avoid those hazards.		21
DRV-2.0	Distracted Driver	Upon completion of this learning event, the Learner will be able to identify the common causes of hazardous driver distractions and methods for minimizing or eliminating them.		22
DRV-1.0	Driver Safety	This course will teach employees who drive on company business safe driving habits and defensive driving methods. Employees will learn how to recognize accident prevention and safe driving habits, identify different road hazards, and recognize hazardous driving behavior in themselves and others.		20
DRV-6.0	Hazardous Driving Conditions	Upon completion of the learning event, the learner will demonstrate the ability to identify hazardous driving conditions and methods for eliminating, minimizing or avoiding those hazards.		17
DRV-4.0	Hazards of Speeding	"Warning" Discretion advised: This course uses imagery and content that may not be appropriate for all corporate cultures or environments. We are happy to offer a more traditional version of this course for those organizations. Upon completion of the learning event, the learner will demonstrate the ability to recognize speeding hazards and identify strategies to minimize, eliminate or avoid them.		11
DRV-3.0	Road Rage	"Warning" Discretion advised: This course uses imagery and content that may not be appropriate for all corporate cultures or environments. We are happy to offer a more traditional version of this course for those organizations. Upon completion of this learning event, the learner will be able to recognize the signs of aggressive driving behavior in others and himself. The learner will also be able to identify constructive responses and prevention measures that can be used to avoid injury due to aggressive drivers/driving.		14

Eco-Sustainability Series

CODE	TITLE	DESCRIPTION	M/D	TIME
ECO-1.0	Carbon Footprint Reduction	Upon completion of this learning event, you will understand the basic concept of carbon footprint reduction and common methods for reducing the carbon footprint of their workplace or home.		19
ECO-5.0	Energy Efficiency at Home	Upon completion of the learning event, the learner will have displayed the ability to recognize common causes for poor energy efficiency in residential homes, and the Environmental Protection Agency's recommended measures for improvement.		19
HZW-1.0	Hazardous Waste Awareness	OSHA has very stringent requirements for hazardous waste storage, handling and transportation. This course will teach employees their responsibilities when dealing with hazardous waste at work. Employees will learn how to identify and describe the basics of federal hazardous waste regulation, define hazardous waste, and the different generator status categories.		15
UWM-1.0	Universal Waste Management	Upon completion of this learning event, the learner will display the ability to recognize different types of universal waste, and their proper handling and disposal.		12
UOM-1.0	Used Oil Management	Upon completion of this learning event, the learner will display the ability to recognize used oil and its proper handling.		12

Electrical Safety Series

CODE	TITLE	DESCRIPTION	M/D	TIME
ELT-4.0	Electrical Safety - Arc Flash	Upon completion of the learning event, the learner will be able to identify the conditions and hazards associated with arc flashes, and the safe work practices and personal protective equipment recommended by OSHA and NIOSH.		14
ELT-1.0	Electrical Safety - Competency Format	Upon completion of this learning event, the learner will demonstrate knowledge of potential hazards associated with electrical equipment in the workplace and how to minimize or eliminate those hazards. Employees will learn how to recognize the dangers of electricity, possible electrical injuries, and how to use standard hazard controls. This course is provided to assist the employer in meeting the requirements of OSHA Standards 29 CFR 1910.301 and 1926.416. The employer may also benefit from the Hot Work - Arc Welding course, Hand and Power Tool Safety course and the Basic Construction Safety course.		19
ELT-2.0	Electrical Safety - Grounding	Upon completion of the learning event, the learner will have displayed the ability to recognize the safety function of electrical grounding, its applications in the workplace, and OSHA's grounding requirements for workplace electrical equipment.		16
ELT-3.0	Electrical Safety above 601 Volts	Upon completion of the learning event, the learner will have displayed the ability to identify hazards associated with high-voltage electricity, common sources and occupations associated with those hazards, and safe work practices required/ recommended while working around high-voltage sources/hazards.		12

Emergency Response Series

TIME	TITLE	DESCRIPTION	M/D	TIME
BFA-1.0	Basic First Aid	This course will teach employees the basics of first aid procedures and how to apply them to real-world scenarios. Employees will learn their legal responsibilities as a first aid provider, how to identify different types of medical emergencies and the proper steps to take, and how to react in specific environmental conditions like extreme heat and cold.		32
CPR-1.0	CPR Refresher	This course will give employees who have already been trained to perform CPR a review of CPR's major procedures. Employees will review how CPR works, when CPR should be performed and how to properly perform it.		13
EAP-1.0	Emergency Action Plans for Office Employees	Upon completion of the learning event, the learner will display the ability to identify several types of common emergency situations and how to react to them in an office setting.		29
EMR-1.0	Emergency Response	Unexpected emergencies can happen anytime, anyplace. This course will teach the average employee the basics of what they should do in case of an emergency in the workplace. Employees will learn how to identify the importance of a well-defined emergency response plan and reporting emergencies, the components of an evacuation, and identify emergency response actions.		18
FRO-1.0	Surveying the HAZMAT Incident	Upon completion of the learning event, the learner will display the ability to identify the role of the first responder after an incident involving hazardous materials, the proper steps to be taken after an incident, identify different types and forms of hazardous materials and their containers.		30

Environmental Performance

CODE	TITLE	DESCRIPTION	M/D	TIME
ENV-1.0	Environmental Awareness	Upon completion of this learning event, the Learner will know how to identify the consequences of water, air and land pollution, and common pollution prevention methods. The employer may also be interested in the Hazardous Waste Awareness, Universal Waste Management, Used Oil Management, and Storm Water Pollution Prevention for Industrial Operations courses.		12
P21-1.0	Pollution Prevention Initiatives	Upon completion of the learning event, the learner will have been presented with awareness-level knowledge of pollution prevention initiatives and their implementation in federal facilities.		20
ENV-2.0	Safety and Health Awareness for Oil Spill Cleanup Workers	Upon completion of the learning event, the learner will have received an overview detailing possible hazards associated with oil spill cleanup work, specifically in the U.S. Gulf Coast region. This training is based on materials developed by the National Institute of Environmental Health Sciences, together with OSHA, which focus on the necessary hazard awareness and safety training for all oil spill workers.		62

Forklift Safety Series

CODE	TITLE	DESCRIPTION	M/D	TIME
FLO-1.0	Forklift Operator Training - Fundamentals - Competency Format	Upon completion of the learning event, the learner will display the ability to recognize the forklift's instruments and controls, common hazards associated with forklift operation and OSHA-required safe work practices for forklift operation.		24
FLO-2.0	Forklift Operator Training - Safe Operations	Upon completion of the learning event, the learner will have displayed the ability to identify the safe work practices required by OSHA for proper forklift operations.		10
FLO-3.0	Forklift Operator Training - Safe Traveling and Loading	Upon completion of the learning event, the learner will have displayed the ability to identify the safe work practices required by OSHA for proper forklift traveling and loading.		11
FLO-4.0	Forklift Operator Training - Safe Maintenance	Upon completion of the learning event, the learner will have displayed the ability to identify the safe work practices required by OSHA for proper forklift maintenance.		12

General Industry Safety Series

CODE	TITLE	DESCRIPTION	M/D	TIME
BSS-2.0	Aerial Lift Safety	Upon completion of this learning event, the learner will demonstrate the ability to identify the types of aerial lifts, their uses, the difference between a qualified and unqualified person, and identify the hazards and safe work practices associated with aerial lifts.		15
ASB-1.0	Asbestos Hazard Awareness	This course will teach employees about the basics of how to identify asbestos hazards and protect themselves from them at work. Employees will learn about the sources and properties of asbestos, its historical and contemporary uses, how to spot asbestos hazards and how to minimize or eliminate those hazards.		19
JSA-2.0	Back Injury Prevention	Upon completion of this learning event, the learner will demonstrate knowledge of the major causes of workplace back injuries and how to prevent them. Employees will learn about hazards and the three major types of hazard controls. This course provides information to aid the employer in meeting OSHA Standard 1910.900. The employer may also be interested in Industrial Ergonomics, or Office Ergonomics courses.		13
BBS-1.0	Behavior Based Safety	Upon completion of this learning event, the learner will have demonstrated the ability to identify the basic concepts behind behavior-based safety, the components of the safety triad, and recognize the importance of identifying at-risk behaviors. The learner should also be able to identify the steps of a behavior-based analysis and identify how to implement a behavior-based system in the workplace.		14
CHM-3.0	Benzene Awareness	Upon completion of the learning even, the learner will have displayed the ability to recognize the hazards, common sources and recommended safe work practices associated with benzene.		15
BBP-1.0	Bloodborne Pathogens - Competency Format	This course will teach employees about the hazards of bloodborne pathogens in the workplace. Employees will learn how to identify major bloodborne diseases and symptoms, how pathogens are transmitted and the basics of exposure prevention and incident response and cleanup.		30

General Industry Safety Series (Cont.)

CODE	TITLE	DESCRIPTION	M/D	TIME
CHM-2.0	Carcinogen Awareness	Upon completion of the learning event, the learner will have displayed the ability to recognize the hazards, characteristics, and safe work practices associated with workplace carcinogens.		14
CSW-1.0	Cold Stress in the Workplace	This course will teach employees about the hazards of working in cold temperatures and how to minimize or eliminate those hazards. Employees will learn how to anticipate and identify the effects of cold stress and methods used to prevent it.		19
CGS-1.0	Compressed Gas Safety	Upon completion of this learning event, the learner will demonstrate knowledge of the hazards associated with working around compressed gases and how to minimize or eliminate them. Employees will learn how to identify the hazards of compressed gases and compressed gas cylinders, labeling and storage requirements for cylinders, and how to implement safe work practices. This course is designed to help the employer meet the requirements of OSHA standard 29 CFR 1910.101. Other related courses are Hot Work/Arc Welding, Basic Fire Safety for Employees, and Hazard Communication.		16
CFS-1.0	Confined Space Awareness	Confined spaces are some of the most hazardous work environments. This course will teach employees the hazards and safety precautions associated with confined spaces, with a heavy emphasis on OSHA safety requirements. Employees will learn how to identify confined spaces, their hazards, methods used to control those hazards and the regulations regarding 'permit-required' confined spaces.		23
BCS-1.0	Construction Safety	This course will teach employees the basics of staying safe on construction sites. Employees will learn how to recognize common construction site hazards, the use and importance of personal protective equipment, and how to identify safe housekeeping practices.		17
EXC-1.0	Excavation and Trenching	Upon completion of this learning event, the Learner will know how to recognize the potential hazards of working in or around trenches and excavations, and the OSHA-required protective measures they must employ on the job. This course is intended to assist the employer in meeting OSHA Standards 29 CFR 1926.650 through 652.		17
FAL-1.0	Fall Protection	Falling is consistently one of the most common causes of workplace fatalities. This course will teach employees the importance and practice of consistent fall protection. Employees will learn about fall hazards, how to identify fall protection methods and various safe work practices.		19
FRS-1.0	Fire Safety	Upon completion of this learning event, the learner will demonstrate knowledge of how to respond to a fire emergency in order to stay safe. Employees will learn their responsibilities in a fire emergency, how to identify different alarm signals, evacuation routes and procedures, and fire extinguisher use. This course is provided to assist the employer in meeting the requirements of OSHA Standard 29 CFR 1910.33 – 39.		20
FLL-1.0	Flammable and Combustible Liquids	This course will teach employees about the hazards of different flammable and combustible liquids and how to minimize or eliminate those hazards. Employees will learn how to identify flammable and combustible liquid hazards with Material Safety Data Sheets and labeling, and how to select hazard prevention measures.		17
FLU-1.0	Flu Symptoms and Prevention Strategies for Employees and Business Owners	This course is designed to give employees, managers and other interested parties basic information about influenza viruses. The course covers the basics of flu infection, its spreading mechanisms and infection prevention strategies. The course also addresses current concerns about the H1N1 (swine) flu with up-to-date information from the Centers for Disease Control and the World Health Organization.		7
GHS-1.0	Globally Harmonized System	Upon completion of this learning event, employees will demonstrate knowledge of the recently implemented Globally Harmonized System (Under OSHA's Hazard Communication Standard). Employees will learn about the new label and safety data sheet requirements about the standard as well as answers to common questions about the standard. This course is intended to assist the employer in meeting OSHA Standard 29 CFR 1910.1200.		18

General Industry Safety Series (Cont.)

CODE	TITLE	DESCRIPTION	M/D	TIME
PPE-2.0	Hand and Pinch Point Safety	While on the job, using a tool improperly or not paying attention while working around heavy machinery can lead to damaging various parts of a worker's hands. Because of the complexity of the hand, repairing the hand to its previous abilities may be difficult. According to the Bureau of Labor Statistics, an average of 140,000 hand injuries were reported in 2011 resulting in about 5 days away from work per injury. While most serious hand injuries occur as a result of physical trauma from machinery, other hand injuries can be caused by ergonomic hazards due to repetitive motion. While these injuries are less severe, they result in the most days away from work compared to other injuries. Upon completion of this online training course, the learner will demonstrate knowledge of how to identify the types of hand hazards, methods of hand protection and types of gloves and their properties.		19
HPT-1.0	Hand and Power Tool Safety	This course will teach employees the importance of hand and power tool safety and how to achieve it. Employees will learn the common hazards of different types of hand and power tools, including electrical, pneumatic, hydraulic and abrasive-wheel tools and how to minimize or eliminate those hazards.		24
HZC-1.0	Hazard Communication	Upon completion of this learning event, employees will demonstrate knowledge of Hazard Communication programs. Employees will learn about the hazards of potential chemical exposure, types of hazards, Material Safety Data Sheets, chemical detection methods, how chemical hazards are controlled, and how the Globally Harmonized System (GHS) will affect the HAZCOM standard. This course is intended to assist the employer in meeting OSHA Standard 29 CFR 1910.1200.		29
HZM-1.0	Hazardous Materials Management, Basic	Upon completion of this course, the learner will demonstrate knowledge of how to identify general definitions related to hazardous materials classification.		15
HZM-2.0	Hazardous Materials Management, Explosives	Upon completion of this learning event, the learner will demonstrate the ability to identify the characteristics and the subdivisions of Class 1 explosive materials.		10
HRC-1.0	Hearing Conservation	Hearing loss is a major hazard in many workplaces. This course will teach employees about noise levels, hearing hazards and OSHA's recommendations on how to prevent hearing loss. Employees will learn how to define noise and noise levels, hearing loss, and recognize different types of hearing protection.		20
HSW-1.0	Heat Stress in the Workplace	This course will teach employees the hazards of working in high heat and how to minimize or eliminate those hazards. Employees will learn how to identify the hazardous health effects of high heat, methods to prevent those health effects and what to do if a co-worker exhibits symptoms of heat stress like heat fatigue, heat rash, heat cramps, heat exhaustion and heat stroke.		16
CHM-5.0	Hexavalent Chromium	Upon completion of the learning event, the learner will have displayed the ability to recognize the basic properties of hexavalent chromium, its hazards, and OSHA's recommended and required exposure limits/safe work practices.		15
HTW-1.0	Hot Work/Arc Welding	Upon completion of this learning event, employees will demonstrate knowledge of the hazards associated with arc welding hot work and how to protect themselves from them. Employees will learn about burns, fumes and gases, electric shock, fire and noise hazards. This course is provided to assist the employer in meeting the requirements of OSHA Standard 29 CFR 1910.252, General Requirements and 254, Arc Welding and Cutting. In addition to this course, the employer might also provide courses on Compressed Gas Safety, Fire Safety and Portable Fire Extinguishers.		22

General Industry Safety Series (Cont.)

CODE	TITLE	DESCRIPTION	M/D	TIME
INV-1.0	Incident Investigation	While larger companies have highly-trained Safety and Health officers, many small businesses must recruit someone from within the company to implement programs and policies. This course will teach the small business safety officer about incident investigations and their basic performance. Employees will learn when to perform an investigation, who should be involved, what to ask, who to ask and the proper steps to meet the company's goals.		18
IAQ-1.0	Indoor Air Quality	This course will teach employees about the importance of indoor air quality, how it can become a hazard and what they can do to prevent poor air quality in the workplace. Employees will learn how to identify air contaminant types and their sources and good habits for keeping the air clean and breathable.		15
ERG-1.0	Industrial Ergonomics - Competency Format	Ergonomics is the process of reducing worker injury through effective workplace design. This course will teach employees how to use ergonomics in industrial settings to reduce injury. Employees will learn how to identify ergonomic risk factors, potential injuries and methods to minimize or eliminate ergonomic hazards.		18
IND-1.0	Industrial Hygiene	Industrial hygiene is the discipline of reducing worker injury due to chemical and other exposure hazards. This course will teach employees the background, principles and role of industrial hygiene. Employees will learn the history of industrial hygiene, major roles of industrial hygiene in workplaces, they types of workplace hazards industrial hygiene addresses and how they are controlled.		21
INO-1.0	Introduction to OSHA	The Occupational Safety and Health Administration, or OSHA, is a federal agency that creates safety regulations in U.S. workplaces. This course will teach employees about OSHA's role in the workplace and how it works to increase worker safety. Employees will learn why OSHA was created, its goals and organizational structure, OSHA's inspection and citation procedures, and what resources OSHA offers to workers.		28
JSA-1.0	Job Safety Analysis	Upon completion of this learning event, the learner will demonstrate knowledge of the basic concepts and procedures of a job hazard analysis. Employees will learn about the need for effective job hazard analysis, how to prepare for one, the process of identifying workplace hazards, and how to correct them. The employer may also be interested in the Performing Safety Audits, and Incident Investigation courses.		17
LDR-1.0	Ladder Safety	Upon completion of this learning event, employees will demonstrate knowledge of ladder hazards and consistent safe work practices. Employees will learn to recognize the hazards of ladder use, the different types of ladders, inspection requirements for ladders and the rules of ladder use. This course is intended to assist the employer in meeting OSHA Standards 29 CFR 1910.24 – 27. In addition to this course, the employer may also need to provide courses on Fall Protection, and Slips, Trips, and Falls.		20
LSR-1.0	Laser Safety	Upon completion of the learning event, the Learner will know how to identify the principals of laser function and operation. Also identify the types of lasers, the hazards of working with or around them and the controls used to eliminate or minimize those hazards.		22
PBA-1.0	Lead Awareness	This course will teach employees about the hazards of lead exposure and controls used to minimize or eliminate those hazards. Employees will learn about the effects of lead exposure, their rights as workers in a facility with lead present, and the use of personal protective equipment and other methods to reduce the risk of hazardous exposure.		16
LOT-1.0	Lockout/Tagout - Competency Format	This course will teach employees how lockout/tagout programs work and the different roles workers must play to make them successful. Employees will learn to identify the importance of proper lockout/tagout procedures, what workers are authorized to perform those procedures, the special provisions of lockout/tagout programs, and more.		19

General Industry Safety Series (Cont.)

CODE	TITLE	DESCRIPTION	M/D	TIME
MCG-1.0	Machine Guarding	Upon completion of this learning event, employees will demonstrate knowledge of machine guarding, its function and importance. Employees will learn to define machine guarding, locate fundamental machine areas, machine hazards, the types of machine guards, and the types of machine devices. This course is intended to assist the employer in meeting the provisions of OSHA Standard 29 CFR Subpart O.		15
MAT-1.0	Material Handling	Upon completion of this learning event, employees will demonstrate knowledge of materials handling and storage, potential hazards and methods to control those hazards. Employees will learn to recognize lifting hazards and safe lifting techniques, proper methods for safe material stacking and storage, proper use of mechanical material handling equipment and the role of ergonomics ins safe materials handling. This course is intended to assist the employer in meeting the requirements of OSHA Standard 29 CFR 1910.176.		30
OSH-1.0	Occupational Safety and Health Programs	To help protect workers from potential hazards, many companies are required to create Occupational Safety and Health programs. This course will teach employees about OSH programs and how they protect workers. Employees will learn to identify the impact of injuries and accidents in the workplace, elements of safety management, types of workplace analysis, methods to control workplace hazards and the several types of employee safety and health training.		18
ERG-2.0	Office Ergonomics	Ergonomics is the process of reducing worker injury through effective workplace design. This course will teach employees how to implement ergonomic principles in office settings to minimize or eliminate potential hazards. Employees will learn to identify ergonomic risk factors at office workstations, basic ergonomic designs used to prevent injuries, and differentiate between the correct and incorrect method to lift safely.		14
BOS-1.0	Office Safety	Upon completion of the learning event, the learner will have the ability to identify common office hazards and their recommended preventive measures.		19
OSH-3.0	OSHA Reporting & Recordkeeping	Upon completion of the learning event, the learner will have displayed the ability to recognize OSHA's reporting and recordkeeping requirements for affected businesses.		20
OCS-2.0	Overhead Crane Safety Hand Signals	Designed for overhead and gantry crane operators and riggers, this course will teach employees the standard OSHA-recommended hand signals.		9
OCS-1.0	Overhead, Gantry and Mobile Crane Safety	This course will teach crane operators, riggers and general floor employees the basics of overhead and gantry crane safety. Employees will learn how to identify the differences between overhead and gantry cranes, how to recognize overhead and gantry crane hazards, and crane-related safe work practices.		21
AUD-1.0	Performing Safety Audits	Safety audits are a useful tool for companies to reduce workplace hazards and improve processes overall. Upon completion of this learning event, employees will demonstrate knowledge of performing safety audits and an understanding of their benefits. Employees will learn to define a safety audit, recognize their purpose, scope and application, recognize audit procedures and the steps of audit protocol.		22
PPE-1.0	Personal Protective Equipment - Competency Format	Personal protective equipment, or PPE, is a requirement for many different jobs. This course will teach employees to identify the need for PPE, define the concept of a hazard assessment, things to consider when choosing PPE, and the different types of PPE used to protect all parts of the body.		35

General Industry Safety Series (Cont.)

CODE	TITLE	DESCRIPTION	M/D	TIME
FRS-2.0	Portable Fire Extinguishers	Fires can inspire panic, and reviewing how to use a fire extinguisher beforehand can save precious seconds that could make all the difference in an emergency. Upon completion of this learning event, employees will demonstrate knowledge of how and when to use different types of portable fire extinguishers. Employees will learn to recognize when to use a portable fire extinguisher, the three types of fire extinguishers, and the steps of the PASS technique. This course is intended to assist the employer in meeting the requirements of OSHA Standard 29 CFR 1910.157. The employer may also consider the Basic Fire Safety, Basic Emergency Response, and Flammable & Combustible Liquid Safety courses.		12
RAD-1.0	Radiation Safety Awareness	Upon completion of the learning event, the Learner will know how to identify the potential sources and types of radiation and their potential health effects.		18
RSP-1.0	Respiratory Protection	Upon completion of this learning event, the learner will demonstrate knowledge of the basics of respiratory protection and how to use it on the job. Employees will learn about potential inhalation hazards, the different respirator types and their uses, how to fit test a respirator mask, and respirator care and maintenance. This course is intended to assist the employer in meeting OSHA Standard 29 CFR 1910.134, Respiratory Protection. Workplace specific information and hands-on training will need to be provided by the employer.		19
MSD-1.0	Safety Data Sheets	Upon completion of this learning event, employees will demonstrate knowledge of MSDSs and how they can use them to protect themselves from harmful exposure. Employees will learn to recognize the purpose of MSDSs, identify the sections of MSDSs and their contents, use a glossary to find common MSDS terms and identify where MSDSs should be kept. This course is provided to assist the employer in meeting OSHA Standard 29 CFR 1910.1200.		25
SCF-1.0	Scaffold Safety	This course will teach employees the basics of staying safe while working on scaffolds. Employees will learn the definition of a scaffold, the potential hazards of working on a scaffold like falls, electrocution and scaffold collapse and major hazard control methods.		12
SVW-1.0	Severe Weather and Outdoor Work	Many jobs require outdoor work on a regular basis. Upon completion of this learning event, employees will demonstrate knowledge of severe weather hazards and how to react when severe weather strikes during work processes. Employees will learn to identify hazards associated with severe weather and standard protocols to follow during severe weather events. This course is intended to assist the employer in meeting the OSHA Standard 29 CFR General Duty Clause Section 5(a)(1).		18
STF-1.0	Slips, Trips and Falls - Competency Format	Upon completion of this learning event, employees will demonstrate knowledge of slip, trip and fall hazards and what they can do to minimize or eliminate those hazards. Employees will learn to identify general OSHA safety requirements, guarding for floor and wall openings, issues with stairways, ladder, scaffolds, loading docks and how personal behavior affects safety. This course is intended to assist the employer in meeting the requirements of OSHA Standards in 29 CFR 1910 Subpart D.		21
SWA-1.0	Stop Work Authority	Upon completion of this learning event, the learner will demonstrate the ability to identify the elements of a stop work authority program and employee responsibilities in a stop work authority program.		13
STW-2.0	Storm Water Pollution Prevention for Industrial Operations	Storm water pollution is a problem at virtually all facilities, whether industrial, retail, or otherwise. This course will teach employees about the problem of storm water pollution and how to prevent it. Employees will learn to identify major points of storm water pollution and its impact, how storm water carries pollution, and the importance of their role in carrying out storm water pollution prevention Best Management Practices.		30

General Industry Safety Series (Cont.)

CODE	TITLE	DESCRIPTION	M/D	TIME
BCS-2.0	Struck By and Caught Between Injuries for Construction	Upon completion of the learning event the learner will have displayed the ability to recognize common stuck by/caught between hazards associated with work in the construction industry and their recommended safe work practices.		13
TAT-1.0	Tattoo Safety	Upon completion of the learning event, the learner will have the ability to identify the common types of bloodborne pathogens present in tattoo industry settings and recommended measures used to prevent transmission.		10
WHS-1.0	Warehouse Safety	Upon completion of the learning event, the Learner will know how to identify common hazards associated with materials handling and other warehouse operations, and how to minimize or eliminate those hazards. This course is intended to aid the employer in meeting OSHA Standards 29 CFR 1910.23 and 176.		12

HazMat Transportation Series

CODE	TITLE	DESCRIPTION	M/D	TIME
HMT-0.0	Hazmat 0: Hazardous Materials Transportation, Introduction	Upon completion of the learning event, the learner will display an understanding of the contents of the subsequent course modules concerning the United States Department of Transportation regulations and requirements for the transportation of hazardous materials.		15
HMT-1.0	Hazmat 01: Hazardous Materials Table	Upon completion of the learning event, the learner will display the ability to use the HAZMAT Table, 49CFR 172.101. To complete this course the learner will need the use of external course references (provided) making the course duration vary greatly per individual. Those with a solid HAZMAT background should be able to complete the course in less than one hour.		36
HMT-2.0	Hazmat 02: HAZMAT Shipping Papers	Upon completion of the learning event, the learner will have the ability to identify shipping papers, describe the information found within, and identify any additional documentation required for HAZMAT shipments. To complete this course the learner will need the use of external course references (provided) making the course duration vary greatly per individual. Those with a solid HAZMAT background should be able to complete the course in less than one hour.		33
HMT-3.0	Hazmat 03: HAZMAT Marking and Labeling	Upon completion of the learning event, the learner will have the ability to apply the requirements for marking and labeling hazardous materials packages, freight containers, and/or transportation vehicles. Learners will also identify special types of labeling that might be required for international shipments, water shipments, and air shipments. To complete this course the learner will need the use of external course references (provided) making the course duration vary greatly per individual. Those with a solid HAZMAT background should be able to complete the course in less than one hour.		45
HMT-4.0	Hazmat 04: HAZMAT Placarding	Upon completion of the learning event, the learner will display knowledge of the U.S. Department of Transportation's placarding requirements during hazardous materials transportation.		39
HMT-5.0	Hazmat 05: HAZMAT Packaging	Upon completion of the learning event, the learner will have the ability to identify the shipper's responsibility as it relates to hazardous materials packages and packaging, and any exceptions to these requirements. To complete this course the learner will need the use of external course references (provided) making the course duration vary greatly per individual. Those with a solid HAZMAT background should be able to complete the course in less than one hour.		42
HMT-6.0	Hazmat 06: HAZMAT Carrier Requirements - Highway	Upon completion of the learning event, the learner will display the ability to identify relevant U.S. Department of Transportation regulations concerning the transportation of hazardous materials on U.S. highways.		33
HMT-9.0	Hazmat 09: HAZMAT Carrier Requirements - Air	Upon completion of the learning event, the learner will have the ability to identify the DOT requirements for air transportation of hazardous materials, as set out in Subparts A, B, and C of Part 175. To complete this course the learner will need the use of external course references (provided) making the course duration vary greatly per individual. Those with a solid HAZMAT background should be able to complete the course in less than one hour.		34
HMT-10.0	Hazmat 10: HAZMAT Transportation Security Awareness	Upon completion of the learning event, the learner will display an understanding of the key concepts relating to security awareness, security risks associated with HAZMAT transportation, and required and recommended methods for enhancing HAZMAT transportation security.		16

Hospital Safety Series

CODE	TITLE	DESCRIPTION	M/D	TIME
MED-1.0	HIPAA Compliance Training	Upon completion of the learning event, the learner will display the ability to identify the purpose, basic terminology, and common actions companies must take to comply with the Health Insurance Portability and Accountability Act, or HIPAA.		13
MED-3.0	HIPAA Compliance Training for HR Officers	Upon completion of the learning event, the learner will display the ability to identify the purpose, basic terminology, and common actions companies must take to comply with the Health Insurance Portability and Accountability Act, or HIPAA.		17
MED-12.0	Influenza Pandemic Planning for Businesses	Upon completion of the learning event, the learner will have displayed the ability to identify the major points of a pandemic flu preparedness plan and recommended employee-related and business-related policies and procedures to include in such a plan.		14
MED-13.0	Influenza Prevention	Upon completion of the learning event, the learner will have displayed the ability to recognize the means by which influenza is spread and recommended measures to prevent its spread.		8
MED-6.0	Latex Allergy	Upon completion, the learner will display the ability to recognize the characteristics and dangers of latex allergy, and recommended preventive measures.		14
MED-5.0	Legionnaires' Disease	Upon completion of the learning event, the learner will have displayed the ability to recognize and/or identify the characteristics, sources and symptoms of Legionnaires' disease, and its related required/recommended safe work practices.		14
MED-4.0	N95 Respirators - Preventing Airborne Disease Transmission	Upon completion, the learner will display the ability to recognize the purposes and proper use of N95 respirators in a healthcare setting.		22
MED-7.0	Tuberculosis Exposure	Upon completion of the learning event, the learner will have displayed the ability to identify the nature and types of tuberculosis, and recommended measures for avoiding tuberculosis exposure and infection in the workplace.		16

Hospitality & Food Service Series

CODE	TITLE	DESCRIPTION	M/D	TIME
HSP-8.0	Fire Safety in the Hospitality Industry	Upon completion of the learning event, the learner will have displayed the ability to recognize employee responsibilities for fire prevention and response.		28
HSP-4.0	Food Safety	Upon completion of the learning event, the learner will have demonstrated the ability to identify the responsibilities of food employees regarding the prevention of foodborne illness.		34
HSP-7.0	Kitchen Equipment Safety	Upon completion of the learning event, the learner will have displayed the ability to recognize hazards common to commercial kitchens and how to protect against them.		28
HSP-6.0	Laundry Safety in the Hospitality Industry	Upon completion of the learning event, the learner will have displayed the ability to identify the common hazards of working in a commercial laundry facility and how to protect themselves from them.		26
HSP-1.0	Lost Child/Code Adam	Upon completion of the learning event, the learner will have displayed the ability to recognize the Code Adam protocol and understand their role in responding to a lost child incident.		23
HSP-3.0	Safe Housekeeping in the Hospitality Industry	Upon completion of the learning event, the learner will have displayed the ability to identify hazards common to housekeeping in the hospitality industry, and how to protect themselves from them.		30
HSP-5.0	Safe Pool Operation	Upon completion of the learning event, the learner will have displayed the ability to identify the hazards and appropriate safe work practices associated with working in and around pools.		31
HSP-2.0	Successful Guest Service Techniques	Upon completion of the learning event, the learner will have displayed the ability to identify successful guest services techniques and how to incorporate them into their daily routine.		30

Human Resources Series

CODE	TITLE	DESCRIPTION	M/D	TIME
HRM-22.0	Conflict Resolution Strategies	Upon completion of this learning event, the learner will demonstrate knowledge of how to dispute causes, potential dispute consequences, general types of conflict resolution programs, Thomas-Kilmann categories of conflict coping strategies, common bargaining styles and their benefits, and methods for practicing negotiation and mediation in the workplace.		34
HRM-3.0	Discrimination in the Workplace	Upon completion of this learning event, the Learner will have displayed the ability to identify the legal issues associated with discrimination in the workplace and how to minimize or eliminate a company's chances of unfavorable legal action. Managers will learn how to identify what workplace discrimination is and how it occurs, how to identify protected class categories, how to recognize workplace aspects of discrimination, and recognize that employers have certain legal responsibilities to prevent and react to incidents of discrimination in the workplace.		20
HRM-13.0	Diversity in the Workplace	In an increasingly globalized economy, workplaces are also increasingly more diverse. Upon completion of this learning event, employees will demonstrate knowledge of working in a diverse workplace and how they can turn perceived differences to the company's advantage. Employees will learn to define workplace diversity, recognize the challenges of managing and working with diverse people, and recognize its benefits.		16
HRM-8.0	Drug Free Workplace	Substance abuse is a problem that can seriously affect the safety of all employees in the workplace. This course will teach employees about the importance of keeping drugs out of the workplace and what they can do to help. Employees will learn about the impact of drug and alcohol abuse in U.S. workplaces, how to identify the elements of a drug-free workplace program and the signs and symptoms of drug and alcohol abuse.		23
HRM-2.0	Lawful Hiring Practices	This course is about hiring employees and the legal issues you need to think about during each step. When the course is over you should be able to identify potential legal problems in the pre-hiring process and the hiring process.		19
HRM-16.0	Lawful Terminations and Employee Separation	This online training on lawful termination will teach you the Human Resource Department's legal obligations during the termination process, during layoffs and plant closings, and post-separation.		17
HRM-14.0	Leadership Skills for Managers	"Warning" Discretion advised: This course uses imagery and content that may not be appropriate for all corporate cultures or environments. This online training course will help you identify effective communication skills and effective planning and organizing skills. You should also be able to identify concepts and methods of principled leadership and administrative excellence, concepts and strategies of change management, concepts and strategies of conflict resolution, performance management and customer service.		26
HRM-17.0	Sexual Harassment and Discrimination for Employees	Sexual harassment and discrimination are concerns for every business that has more than one employee. Upon completion of this learning event, employees will demonstrate knowledge of sexual harassment and discrimination and what to do if they become victims. Employees will learn to identify the three major types of sexual harassment and what constitutes discrimination, and the proper procedures for reporting a sexual harassment or discrimination incident.		25
HRM-10.0	Sexual Harassment Prevention for Managers	Sexual harassment are concerns for every business that has more than one employee. This course will teach employees about sexual harassment and what to do if they become a victim. Employees will learn to identify the three major types of sexual harassment, and the proper procedures for reporting a sexual harassment incident.		21

Human Resources Series (Cont.)

CODE	TITLE	DESCRIPTION	M/D	TIME
SIA-1.0	Situational Awareness-Business Travel	Many employees travel for work, some on a regular basis. This course will teach employees how to be aware of their surroundings and anticipate potential hazards while traveling. Employees will learn to describe situational hazards in airports, while driving, and in hotels and get advice on how to minimize or eliminate those hazards.		16
HRM-20.0	Substance Abuse Training for Supervisors	Upon completion of this learning event, the learner will be able to recall the U.S. Department of Transportation's requirements for supervisor training under its drug-free workplace program mandates for safety-sensitive industries, the physiological effects of alcohol and how they are produced, and general physiological and behavioral characteristics of alcoholism. The learner will also be able to identify the five drugs the National Institute on Drug Abuse requires safety-sensitive drug tests to detect and their basic characteristics, the physiological effects of marijuana, methamphetamine, cocaine, heroin and phencyclidine, identify recommended measures for avoiding legal problems when executing a company's drug-free workplace program, identify recommended workplace alcohol- and drug-abuse documentation, and related intervention measures and strategies. This course is intended to assist the employer in meeting the FMCSA Standard, 49 CFR Part 199.241 and 199.113.		125
HRM-7.0	Violence in the Workplace	This course will teach employees the major causes and types of workplace violence, their warning signs and how to prevent it. Employees will learn to define workplace violence, the different types and sources, and the methods used to prevent workplace violence according to OSHA recommendations and other sources.		20

International Series

CODE	TITLE	DESCRIPTION	M/D	TIME
INT-44.0	Animal Control Worker Safety, Basic (International Version)	Upon completion of this learning event, the learner will know the common hazards of animal control work and how to protect against them. Learners will be able to identify physical and health hazards associated with animal control and their protective measures.		14
INT-1.0	Asbestos Hazard Awareness (International Version)	Upon completion of this learning event, the learner will demonstrate knowledge of how to identify asbestos hazards and take protective measures at work. Employees will learn about the sources and properties of asbestos, its historical and contemporary uses, how to spot asbestos hazards and how to minimize or eliminate those hazards. This course is intended to help the employer meet the requirements of OSHA Standard 29 CFR 1910.1001. The employer may also be interested in the Basic Respiratory Protection course and the Personal Protective Equipment course.		19
INT-36.0	Back Injury Prevention (International Version)	This course will teach employees the major causes of workplace back injuries and how to prevent them. Employees will learn about hazards and the three major types of hazard controls.		13
INT-3.0	Bloodborne Pathogens (International Version)	This course will teach employees about the hazards of bloodborne pathogens in the workplace. Employees will learn how to identify major bloodborne diseases and symptoms, how pathogens are transmitted and the basics of exposure prevention and incident response and cleanup.		30

International Series (Cont.)

CODE	TITLE	DESCRIPTION	M/D	TIME
INT-7.0	Chemical Safety (International Version)	This course will teach employees the basics of staying safe while working with and around different types of chemicals. Employees will learn how to identify hazards associated with different chemicals, how to identify those hazards based on container labeling, proper personal protective equipment, and safe storage and cleanup procedures.		22
INT-9.0	Cold Stress in the Workplace (International Version)	This course will teach employees about the hazards of working in cold temperatures and how to minimize or eliminate those hazards. Employees will learn how to anticipate and identify the effects of cold stress and methods used to prevent it.		19
INT-6.0	Compressed Gas Safety (International Version)	This course will teach employees about the hazards of working with compressed gases and how to minimize or eliminate them. Employees will learn how to identify the hazards of compressed gases and compressed gas cylinders, labeling and storage requirements for cylinders, and how to implement safe work practices.		16
INT-5.0	Confined Space Awareness (International Version)	Confined spaces are some of the most hazardous work environments. This course will teach employees the hazards and safety precautions associated with confined spaces, with a heavy emphasis on OSHA safety requirements. Employees will learn how to identify confined spaces, their hazards, methods used to control those hazards and the regulations regarding 'permit-required' confined spaces.		23
INT-8.0	CPR Refresher (International Version)	This course will give employees who have already been trained to perform CPR a review of CPR's major procedures. Employees will review how CPR works, when CPR should be performed and how to properly perform it.		13
INT-29.0	Diversity in the Workplace (International Version)	In an increasingly globalized economy, workplaces are also increasingly more diverse. This course will teach employees about working in a diverse workplace and how they can turn perceived differences to the company's advantage. Employees will learn to define workplace diversity, recognize the challenges of managing and working with diverse people, and recognize its benefits.		16
INT-14.0	Driver Safety - Delivery Driver Safety (International Version)	"Warning" Discretion advised: This course uses imagery and content that may not be appropriate for all corporate cultures or environments. We are happy to offer a more traditional version of this course for those organizations. Upon completion of this learning event, the learner will display the ability to identify hazards associated with working as a delivery driver, and identify safe work practices used to eliminate, minimize or avoid those hazards.		21
INT-11.0	Driver Safety - Distracted Drivers (International Version)	"Warning" Discretion advised: This course uses imagery and content that may not be appropriate for all corporate cultures or environments. We are happy to offer a more traditional version of Distracted Driver for those organizations. Driving while distracted is dangerous. About 80% of motor vehicle accidents are caused by some form of distraction. After this course is over you should be able to recognize the causes of driver distraction and the appropriate actions for distracted drivers to take.		22
INT-15.0	Driver Safety - Hazardous Driving Conditions (International Version)	"Warning" Discretion advised: This course uses imagery and content that may not be appropriate for all corporate cultures or environments. We are happy to offer a more traditional version of this course for those organizations. Upon completion of the learning event, the learner will demonstrate the ability to identify hazardous driving conditions and methods for eliminating, minimizing or avoiding those hazards.		17
INT-13.0	Driver Safety - Hazards of Speeding (International Version)	"Warning" Discretion advised: This course uses imagery and content that may not be appropriate for all corporate cultures or environments. We are happy to offer a more traditional version of this course for those organizations. Upon completion of the learning event, the learner will demonstrate the ability to recognize speeding hazards and identify strategies to minimize, eliminate or avoid them.		11

International Series (Cont.)

CODE	TITLE	DESCRIPTION	M/D	TIME
INT-12.0	Driver Safety - Road Rage (International Version)	"Warning" Discretion advised: This course uses imagery and content that may not be appropriate for all corporate cultures or environments. We are happy to offer a more traditional version of this course for those organizations. Upon completion of this learning event, the learner will be able to recognize the signs of aggressive driving behavior in others and himself. The learner will also be able to identify constructive responses and prevention measures that can be used to avoid injury due to aggressive drivers/driving.		14
INT-10.0	Driver Safety (International Version)	This course will teach employees who drive on company business safe driving habits and defensive driving methods. Employees will learn how to recognize accident prevention and safe driving habits, identify different road hazards, and recognize hazardous driving behavior in themselves and others.		20
INT-28.0	Drug Free Workplace (International Version)	Substance abuse is a problem that can seriously affect the safety of all employees in the workplace. This course will teach employees about the importance of keeping drugs out of the workplace and what they can do to help. Employees will learn about the impact of drug and alcohol abuse in U.S. workplaces, how to identify the elements of a drug-free workplace program and the signs and symptoms of drug and alcohol abuse.		23
INT-16.0	Electrical Safety (International Version)	This course will teach employees the potentials hazards of electrical equipment in the workplace and how to minimize or eliminate those hazards. Employees will learn how to recognize the dangers of electricity, possible electrical injuries, and standard hazard controls.		19
INT-17.0	Emergency Response (International Version)	Unexpected emergencies can happen anytime, anyplace. This course will teach the average employee the basics of what they should do in case of an emergency in the workplace. Employees will learn how to identify the importance of a well-defined emergency response plan and reporting emergencies, the components of an evacuation, and identify emergency response actions.		18
INT-18.0	Environmental Awareness (International Version)	Upon completion of this learning event, the Learner will know how to identify the consequences of water, air and land pollution, and common pollution prevention methods. The employer may also be interested in the Hazardous Waste Awareness, Universal Waste Management, Used Oil Management, and Storm Water Pollution Prevention for Industrial Operations courses.		12
INT-21.0	Fall Protection (International Version)	Falling is consistently one of the most common causes of workplace fatalities. This course will teach employees the importance and practice of consistent fall protection. Employees will learn about fall hazards, how to identify fall protection methods and various safe work practices.		19
INT-24.0	Fire Safety (International Version)	Unfortunately, fires are all too common in the workplace. This course will teach employees how to respond to a fire emergency to stay safe. Employees will learn their responsibilities in a fire emergency, how to identify different alarm signals, evacuation routes and procedures and fire extinguisher use.		20
INT-4.0	First Aid (International Version)	This course will teach employees the basics of first aid procedures and how to apply them to real-world scenarios. Employees will learn their legal responsibilities as a first aid provider, how to identify different types of medical emergencies and the proper steps to take, and how to react in specific environmental conditions like extreme heat and cold.		32
INT-22.0	Flammable and Combustible Liquid Hazards (International Version)	This course will teach employees about the hazards of different flammable and combustible liquids and how to minimize or eliminate those hazards. Employees will learn how to identify flammable and combustible liquid hazards with Material Safety Data Sheets and labeling, and how to select hazard prevention measures.		17

International Series (Cont.)

CODE	TITLE	DESCRIPTION	M/D	TIME
INT-23.0	Forklift Operator Training - Fundamentals (International Version)	Upon completion of the learning event, the learner will display the ability to recognize the forklift's instruments and controls, common hazards associated with forklift operation and OSHA-required safe work practices for forklift operation.		24
INT-25.0	Hand and Power Tool Safety (International Version)	Upon completion of this learning event, employees will demonstrate knowledge of the importance of hand and power tool safety and how to achieve it. Employees will learn the common hazards of different types of hand and power tools, including electrical, pneumatic, hydraulic and abrasive-wheel tools and how to minimize or eliminate those hazards. This course is provided to assist the employer in meeting the requirements of OHS laws.		24
INT-33.0	Hazard Communication (International Version)	Hazard Communication is an OSHA standard that requires employers to create a program addressing chemical hazards in the workplace if employees will be exposed to them. This course will teach employees about Hazard Communication programs. Employees will learn about the hazards of potential chemical exposure, types of hazards, Material Safety Data Sheets, chemical detection methods and how chemical hazards are controlled.		29
INT-26.0	Hearing Conservation (International Version)	Hearing loss is a major hazard in many workplaces. This course will teach employees about noise levels, hearing hazards and OSHA's recommendations on how to prevent hearing loss. Employees will learn how to define noise and noise levels, hearing loss, and recognize different types of hearing protection.		20
INT-31.0	Heat Stress in the Workplace (International Version)	This course will teach employees the hazards of working in high heat and how to minimize or eliminate those hazards. Employees will learn how to identify the hazardous health effects of high heat, methods to prevent those health effects and what to do if a co-worker exhibits symptoms of heat stress like heat fatigue, heat rash, heat cramps, heat exhaustion and heat stroke.		16
INT-32.0	Hot Work - ARC Welding (International Version)	Hot work, which includes torch cutting and welding, carries its own set of workplace hazards. This course will teach employees about the hazards associated with hot work and how to protect themselves from them. Employees will learn about burns, fumes and gases, electric shock, fire and noise hazards.		22
INT-35.0	Incident Investigation (International Version)	While larger companies have highly-trained Safety and Health officers, many small businesses must recruit someone from within the company to implement programs and policies. This course will teach the small business safety officer about incident investigations and their basic performance. Employees will learn when to perform an investigation, who should be involved, what to ask, who to ask and the proper steps to meet the company's goals.		18
INT-34.0	Indoor Air Quality (International Version)	This course will teach employees about the importance of indoor air quality, how it can become a hazard and what they can do to prevent poor air quality in the workplace. Employees will learn how to identify air contaminant types and their sources and good habits for keeping the air clean and breathable.		15
INT-19.0	Industrial Ergonomics (International Version)	Ergonomics is the process of reducing worker injury through effective workplace design. This course will teach employees how to use ergonomics in industrial settings to reduce injury. Employees will learn how to identify ergonomic risk factors, potential injuries and methods to minimize or eliminate ergonomic hazards.		18
INT-37.0	Ladder Safety (International Version)	This course will teach employees the major points of ladder hazards and consistent safe work practices. Employees will learn to recognize the hazards of ladder use, the different types of ladders, inspection requirements for ladders and the rules of ladder use.		20

International Series (Cont.)

CODE	TITLE	DESCRIPTION	M/D	TIME
INT-30.0	Leadership Skills for Managers (International Version)	"Warning" Discretion advised: This course uses imagery and content that may not be appropriate for all corporate cultures or environments. This online training course will help you identify effective communication skills and effective planning and organizing skills. You should also be able to identify concepts and methods of principled leadership and administrative excellence, concepts and strategies of change management, concepts and strategies of conflict resolution, performance management and customer service.		26
INT-38.0	Lockout-Tagout (International Version)	This course will teach employees how lockout/tagout programs work and the different roles workers must play to make them successful. Employees will learn to identify the importance of proper lockout/tagout procedures, what workers are authorized to perform those procedures, the special provisions of lockout/tagout programs, and more.		19
INT-40.0	Machine Guarding (International Version)	This course will teach employees the function of machine guarding and its importance. Employees will learn to define machine guarding, locate fundamental machine areas, machine hazards, the types of machine guards, and the types of machine devices.		15
INT-39.0	Materials Handling (International Version)	Upon completion of this learning event, employees will demonstrate knowledge of materials handling and storage, potential hazards and methods to control those hazards. Employees will learn to recognize lifting hazards and safe lifting techniques, proper methods for safe material stacking and storage, proper use of mechanical material handling equipment and the role of ergonomics ins safe materials handling.		30
INT-20.0	Office Ergonomics (International Version)	Ergonomics is the process of reducing worker injury through effective workplace design. This course will teach employees how to implement ergonomic principles in office settings to minimize or eliminate potential hazards. Employees will learn to identify ergonomic risk factors at office workstations, basic ergonomic designs used to prevent injuries, and differentiate between the correct and incorrect method to lift safely.		14
INT-47.0	Overhead, Gantry and Mobile Crane Safety (International Version)	This course will teach crane operators, riggers and general floor employees the basics of overhead and gantry crane safety. Employees will learn how to identify the differences between overhead and gantry cranes, how to recognize overhead and gantry crane hazards, and crane-related safe work practices.		21
INT-43.0	Park and Landscaping Safety, Basic (International Version)	Upon completion of this learning event, the learner will know the common hazards associated with municipal park and landscaping work and how to protect against them. Learners will be able to identify the physical and health hazards associated with park and landscaping work and their preventative measures.		13
INT-2.0	Performing Safety Audits (International Version)	Safety audits are a useful tool for companies to reduce workplace hazards and improve processes overall. Upon completion of this learning event, employees will demonstrate knowledge of performing safety audits and an understanding of their benefits. Employees will learn to define a safety audit, recognize their purpose, scope and application, recognize audit procedures and the steps of audit protocol.		22
INT-48.0	Personal Protective Equipment (International Version)	Personal protective equipment, or PPE, is a requirement for many different jobs. This course will teach employees to identify the need for PPE, define the concept of a hazard assessment, things to consider when choosing PPE, and the different types of PPE used to protect all parts of the body.		35
INT-49.0	Respiratory Protection (International Version)	Upon completion of this learning event, the learner will demonstrate knowledge of the basics of respiratory protection and how to use it on the job. Employees will learn about potential inhalation hazards, the different respirator types and their uses, how to fit test a respirator mask and respirator care and maintenance.		19

International Series (Cont.)

CODE	TITLE	DESCRIPTION	M/D	TIME
INT-46.0	Safety Data Sheets (International Version)	Material Safety Data Sheets are provided by chemical manufacturers to communicate the potential chemical hazards of their products. This course will teach employees about MSDSs and how they can use them to protect themselves from harmful exposure. Employees will learn to recognize the purpose of MSDSs, identify the sections of MSDSs and their contents, use a glossary to find common MSDS terms and identify where MSDSs should be kept.		25
INT-42.0	Sewage, Waste Water and Water Line Safety, Basic (International Version)	Upon completion of this learning event, the learner will know the major hazards of sewage, waste water and water line maintenance. Learners will be able to identify the major physical and exposure hazards of sewage, waste water and water line maintenance and their preventative measures.		11
INT-50.0	Slips, Trips, and Falls (International Version)	Slips, trips and falls area major source of injury in U.S. workplaces. This course will teach employees about slip, trip and fall hazards and what they can do to minimize or eliminate those hazards. Employees will learn to identify general OSHA safety requirements, guarding for floor and wall openings, issues with stairways, ladder, scaffolds, loading docks and how personal behavior affects safety.		21
INT-45.0	Street Maintenance Safety, Basic (International Version)	Upon completion of this learning event, the learner will know about the major hazards associated with street maintenance and how to protect against them. Learners will be able to identify the physical and health hazards associated with municipal street maintenance work and their preventative measures.		12
INT-27.0	Violence in the Workplace (International Version)	This course will teach employees the major causes and types of workplace violence, their warning signs and how to prevent it. Employees will learn to define workplace violence, the different types and sources, and the methods used to prevent workplace violence according to OSHA recommendations and other sources.		20
INT-51.0	Warehouse Safety (International Version)	Upon completion of the learning event, the Learner will know how to identify common hazards associated with materials handling and other warehouse operations, and how to minimize or eliminate those hazards. This course is intended to aid the employer in meeting OSHA Standards 29 CFR 1910.23 and 176.		12
INT-41.0	Waste Collectors Safety, Basic (International Version)	Upon completion of this learning event, the learner will know about the major physical and exposure hazards associated with municipal waste collection. Learners will be able to identify the physical and health hazards of waste collection and their preventative measures, and identify safe driving practices required during municipal waste collection.		13

Laboratory Safety Series

CODE	TITLE	DESCRIPTION	M/D	TIME
LAB-2.0	Chemical Hygiene Plan	Upon completion of the learning event, the learner will have displayed the ability to recognize the purpose and components of a chemical hygiene plan, and identify his/her responsibilities in the continued implementation of such a plan.		18
CHM-1.0	Chemical Safety	Upon completion of this learning event, the learner will demonstrate knowledge of safe work practices to be used while working with and around different types of chemicals. Employees will learn how to identify hazards associated with different chemicals, how to identify those hazards based on container labeling, how to properly use personal protective equipment, and safe storage and cleanup procedures. This course will aid the employer in meeting several standards found under OSHA 29 CFR 1910 Subpart H. The employer might also be interested in the Hazard Communication training, Portable Fire Extinguisher training, Flammable and Combustible Liquids Safety training, and Personal Protective Equipment training.		22
LAB-1.0	Laboratory Safety	Upon completion of the learning event, the learner will have displayed the ability to identify common laboratory hazards and related safe work practices required and recommended by OSHA.		22

Municipal Safety Series

CODE	TITLE	DESCRIPTION	M/D	TIME
MES-4.0	Animal Control Safety	Upon completion of this learning event, the learner will know the common hazards of animal control work and how to protect against them. Learners will be able to identify physical and health hazards associated with animal control and their protective measures.		14
MES-6.0	Municipal Employee Safety	Upon completion of the learning event, the learner will display the ability to identify hazards common to municipality work and their recommended safe work practices.		10
MES-3.0	Park and Landscape Maintenance Safety	Upon completion of this learning event, the learner will know the common hazards associated with municipal park and landscaping work and how to protect against them. Learners will be able to identify the physical and health hazards associated with park and landscaping work and their preventative measures.		13
MES-2.0	Sewage, Waste Water and Water Line Maintenance	Upon completion of this learning event, the learner will know the major hazards of sewage, waste water and water line maintenance. Learners will be able to identify the major physical and exposure hazards of sewage, waste water and water line maintenance and their preventative measures.		11
MES-5.0	Street Maintenance Worker Safety	Upon completion of this learning event, the learner will know about the major hazards associated with street maintenance and how to protect against them. Learners will be able to identify the physical and health hazards associated with municipal street maintenance work and their preventative measures.		12
MES-1.0	Waste Collectors Safety	Upon completion of this learning event, the learner will know about the major physical and exposure hazards associated with municipal waste collection. Learners will be able to identify the physical and health hazards of waste collection and their preventative measures, and identify safe driving practices required during municipal waste collection.		13

Off-the-Job Safety Series

CODE	TITLE	DESCRIPTION	M/D	CODE
OJS-13.0	Fireworks Safety	Upon completion of the learning event, the learner will have received information regarding the history and nature of fireworks, the difference between consumer-level and professional fireworks, their associated hazards and safe use.		15
OJS-1.0	Gun Safety	Upon completion, the learner will have received information about the hazards of gun ownership and recommended safety practices.		5
OJS-12.0	Halloween Safety	Upon completion of the learning event, the learner will be able to identify common hazards associated with Halloween and their recommended preventive measures.		8
OJS-5.0	Household Chemical Safety	Upon completion of the learning event, the learner will have been presented with information detailing common household chemical hazards and their related safe handling and storage recommendations.		15
OJS-2.0	Lawn Mower and Lawn Care Safety	Upon completion, the learner will have received information on the common hazards associated with lawn care equipment and recommended safe operation practices.		6
OJS-4.0	Moving Safety	Upon completion of the learning event, the learner will have received information concerning the hazards of moving and their recommended safe work practices.		14

Oil and Gas Safety Series

CODE	TITLE	DESCRIPTION	M/D	TIME
OGS-54.0	Access to Medical Records	Upon completion of the learning event, the learner will have displayed the ability to recognize the different types of employee exposure and medical records, OSHA's standard regarding employee access rights to those records, and OSHA's requirements for proper maintenance and retention of records.		12
OGS-45.0	Accident Prevention Signs and Tags for Oil and Gas Operations	Upon completion of this learning event, the learner will demonstrate knowledge of how to identify OSHA Safety Signs and Symbols requirements, American Society of Agricultural Engineers Safety Color Codes, ANSI Pipe Labeling Standards and the APWA Safety Color Codes.		16
OGS-14.0	Air Permitting Awareness for Oil and Gas Personnel	Upon completion of the learning event, the learner will have displayed the ability to recognize relevant air-permitting laws, relevant air pollutants, different types of air permits and universal requirements for air permitting programs.		23
OGS-36.0	Back Injury Prevention for Oil and Gas Workers	Upon completion of this learning event, the learner will demonstrate the ability to identify When it's over you should be able to identify engineering controls, administrative controls and personal protective equipment and recognize their importance in maintaining back health and safety.		15
OGS-31.0	Basic First Aid for Oil and Gas Personnel	Upon completion of the learning event, the learner will have displayed the ability to identify basic first aid techniques and first aid emergencies common to the oil and gas industry.		37
OGS-28.0	Chainsaw Safety for Oil and Gas Personnel	Upon completion of this learning event, the learner will demonstrate knowledge of how to identify the recommended procedures to take before and during chainsaw operations and the appropriate personal protective equipment used in chainsaw operations.		12

Oil and Gas Safety Series (Cont.)

CODE	TITLE	DESCRIPTION	M/D	TIME
OGS-20.0	Cold Stress for Upstream and Midstream Oil and Gas Operations	Upon completion of the learning event, the learner will display the ability to recognize the symptoms and effects of cold stress and identify cold stress prevention strategies.		15
OGS-8.0	Confined Space and Engulfment Awareness for Oil and Gas Operations	Upon completion of the learning event, the learner will have displayed the ability to recognize hazards associated with confined space entry and identify OSHA's associated required and recommended safe work practices.		22
OGS-25.0	Electrical Safety Awareness for Oil and Gas Personnel	Upon completion of this learning event, the learner will have passed an exam derived from information pertaining to the potential hazards associated with electrical equipment in the oil and gas industry and how to minimize or eliminate those hazards. Employees will learn how to recognize the dangers of electricity, possible electrical injuries, and how to use standard hazard controls. This course is provided to assist the employer in meeting the requirements of OSHA Standards 29 CFR 1910.301 and 1926.416.		23
OGS-46.0	Electrical Safety for a Qualified Person in the Oil and Gas Industry	Upon completion of this learning event, the learner will demonstrate knowledge of how to identify the general OSHA electrical safety standards, safe work practices when working on or around electrical equipment, OSHA requirements for qualified and authorized electrical equipment workers, and safe work practices qualified and authorized workers should use when working on or near exposed electrical equipment.		20
OGS-10.0	Excavation and Trenching for Upstream Oil and Gas Operations	Upon completion of the learning event, the learner will display the ability to recognize the definition of a trench or excavation, common hazards associated with trenches and excavations, and OSHA's requirements for worker safety in and around trenches and excavations.		12
OGS-15.0	Fall Protection for Upstream Oil and Gas Operations	Upon completion of the learning event, the learner will display the ability to recognize common fall hazards on oil and gas sites and identify OSHA's required safe work practices and associated safety equipment.		16
OGS-30.0	Fatigue Management for Control Room Employees	Upon completion of this learning event, the learner will have demonstrated the ability to identify the impact that shift length and scheduling rotations play in fatigue management, identify fatigue management strategies, and identify off-duty activities that can lead to fatigue in the workplace. This course is intended to assist the employer in meeting the PHMSA 192.631(a) General Standard for Control Room Management.		16
OGS-3.0	Fire Prevention for Natural Gas, Oil and Derivatives	Upon completion of the learning event, the learner will have displayed the ability to recognize common fire hazards and sources of ignition on oil and gas sites and OSHA's recommended safe work practices for preventing fires.		19
OGS-38.0	Flame-Resistant Clothing for Oil & Gas Personnel	Upon completion of this learning event, the learner will be able to identify flash fires, the engineering and administrative controls used to prevent flash fires, the difference between flame resistant and flame retardant clothing, and the fire hazards associated with the three stages of oil and gas operations. This course is intended to assist the employer in meeting the OSHA Standard, 29 CFR 1910.132(a).		17
OGS-1.0	H2S Safety Procedures for Drilling and Production Operations	Hydrogen sulfide gas is a common hazard in the oil and gas industry. Upon completion of this learning event, employees will demonstrate knowledge of the sources of hydrogen sulfide, its physical and chemical properties and effects on the body, hydrogen sulfide exposure controls and exposure response. This course is intended to assist the employer in meeting the requirements of OSHA Standard 1910.1000 Table Z-2 and the General Duty Clause Section 5(a)(1). In addition to this course, the employer should also provide a Respiratory Protection Course to meet other OSHA training requirements.		19

Oil and Gas Safety Series (Cont.)

CODE	TITLE	DESCRIPTION	M/D	TIME
OGS-26.0	Hand and Power Tools for the Oil and Gas Industry	Upon completion of this learning event, the learner will demonstrate the ability to identify how the Occupational Safety and Health Administration regulates the use of hand and power tools, describe the potential hazards and injuries from improper hand and power tool use, identify the employer and employees' responsibilities for safe use, identify common power tools and their safe work practices, identify electric tool, power abrasive wheel-tool, pneumatic tool, powder-actuated tool, and hydraulic power tool hazards and describe their safe work practices and inspection procedures. Lastly, you should be able to discuss the three main causes of injury from hand and power tools and describe methods of injury prevention		32
OGS-7.0	Hazard Communication for the Oil and Gas Industry	Upon completion of this learning event, the learner will have displayed the ability to recognize the purpose and major components of a hazard communication program, and its implementation in the workplace, and how the Globally Harmonized System (GHS) will affect the HAZCOM standard.		17
OGS-11.0	Hearing Conservation for Upstream Oil and Gas Operations	Upon completion of this learning event, the learner will display the ability to recognize the hazards of workplace noise and the role of engineering and administrative controls and personal protective equipment in preventing hearing loss.		20
OGS-19.0	Heat Stress for Upstream Oil and Gas Operations	Upon completion of the learning event, the learner will display the ability to identify the causes of heat stress, the five graduated levels of heat disorder, and recommended first aid and prevention measures.		15
OGS-6.0	Hot Work/Arc Welding for Oil and Gas Operations	Upon completion of the learning event, the learner will have displayed the ability to recognize common hot work hazards on oil and gas production and exploration sites, and identify OSHA's required related safe work practices.		25
OGS-35.0	Ladder Safety Oil & Gas Personnel	Upon completion of this learning event, the learner will demonstrate knowledge of how to identify and recognize ladder use hazards, ladder types, different ladder inspection requirements, ladder use rules, and basic fall protection requirements.		34
OGS-17.0	Lockout/Tagout Awareness for Oil and Gas Personnel	Upon completion of the learning event, the learner will have displayed the ability to recognize the purpose and basic requirements of lockout/tagout systems and worker responsibilities under a lockout/tagout system.		16
OGS-23.0	Lockout/Tagout Simulation: Compressors	Oil and Gas Lockout/Tagout Compressor Scenario		5
OGS-21.0	Lockout/Tagout Simulation: Pipeline	Upon completion of the learning event, the learner will have displayed the ability to recognize the hazards of isolating a section of pipeline for repair and how to safely do so using proper lockout/tagout techniques.		5
OGS-22.0	Lockout/Tagout Simulation: Separator	Oil and Gas Lockout/Tagout Separator Scenario		5
OGS-33.0	Machine Guarding for Oil and Gas Personnel	Upon completion of this learning event, the learner will have demonstrated the ability to identify the fundamental areas of machines, identify machine motions and actions, identify requirements for guards and devices, identify the types of machine guards, and identify the types of machine devices. This course is intended to assist the employer in meeting the OSHA General Standard 29 CFR Subpart O.		15
OGS-24.0	NORM Awareness for Upstream Oil and Gas Operations	Upon completion of the learning event, the learner will have displayed the ability to the general characteristics of radiation and of naturally-occurring radioactive material (NORM), where it is found on oil and gas sites and the required and recommended NORM-related protective measures.		15

Oil and Gas Safety Series (Cont.)

CODE	TITLE	DESCRIPTION	M/D	TIME
OGS-18.0	Oil Rig Safety	Upon completion of this learning event, the learner will know the basic terminology and operations associated with oil rigs. The learner will recognize the basic function of an oil rig and its major stages of operation, and recognize the major hazards of working on an oil rig. This course is intended to assist the employer in meeting the OSHA General Duty Clause Section 5(a)(1). In addition to this course, the employer will be interested in the other courses in our Oil and Gas Series.		24
OGS-5.0	Personal Protective Equipment for Oil and Gas Personnel	Upon completion of the learning event, the learner will have displayed the ability to recognize common hazards on oil and gas sites and identify the required and recommended personal protective equipment necessary to mitigate those hazards.		26
OGS-2.0	Portable Fire Extinguisher Techniques on Oil and Gas Sites	Upon completion of this learning event, the learner will display the ability to identify situations appropriate to the use of portable fire extinguishers and how to use them.		12
OGS-16.0	Respiratory Protection for Oil and Gas Personnel	Upon completion of the learning event, the learner will display the ability to recognize common respiratory hazards on oil and gas exploration and production sites and their required safe work practices.		19
OGS-34.0	Rigging Safety for Oil & Gas Operations	Upon completion of this learning event, the learner will demonstrate knowledge of how to identify the requirements of a qualified rigger and operator and the qualifications of each. The learner will also learn about the different types of cranes and other hoisting equipment and their functions, how to conduct inspections, how to rig, lift, and land a load, and occupational hazards in rigging operations and how to avoid them.		37
OGS-52.0	Silica Awareness	Upon completion of this learning event, the learner will demonstrate knowledge of common materials containing crystalline silica, and the hazards associated with crystalline silica exposure. They will also demonstrate knowledge of the health effects associated with crystalline silica exposure, and measures that can be taken to eliminate or minimize crystalline silica exposure on the job.		15
OGS-12.0	Spill Prevention, Contingency and Countermeasures for Oil and Gas Operations	Upon completion of the learning event, the learner will have identified the need for an SPCC plan, its necessary components, common sources of spills on oil and gas sites and their required and recommended prevention and remediation measures. This course is meant to give general guidance to oil and gas industry employees. Employers must give further instruction on site-specific plans and procedures.		20
OGS-13.0	Spill Response for Oil and Gas Personnel	Upon completion of this learning event, the learner will demonstrate the ability to identify the difference between incidental and emergency releases, identify recommended release-prevention measures, and identify proper incident-release response measures.		17
OGS-43.0	Struck By/Caught Between for Well Completion	Upon completion of this course, the learner will demonstrate knowledge of how to identify the struck by/caught between hazards and controls of well completion, transporting rig and rigging up, general servicing, special services, and work-over processes.		24

Oil and Gas Safety Series (Cont.)

CODE	TITLE	DESCRIPTION	M/D	TIME
OGS-41.0	Substance Abuse Training for Supervisors in the Oil and Gas Industry	Upon completion of this learning event, the learner will be able to recall the U.S. Department of Transportation's requirements for supervisor training under its drug-free workplace program mandates for safety-sensitive industries, the physiological effects of alcohol and how they are produced, and general physiological and behavioral characteristics of alcoholism. The learner will also be able to identify the five drugs the National Institute on Drug Abuse requires safety-sensitive drug tests to detect and their basic characteristics, the physiological effects of marijuana, methamphetamine, cocaine, heroin and phencyclidine, identify recommended measures for avoiding legal problems when executing a company's drug-free workplace program, identify recommended workplace alcohol- and drug-abuse documentation, and related intervention measures and strategies. This course is intended to assist the employer in meeting the PHMSA Standard, 49 CFR Part 199.241 and 199.113.		125
OGS-29.0	Wildlife Safety for the Oil and Gas Industry	Upon completion of the learning event, the learner will have displayed the ability to identify wildlife common to North America and recognize standard precautions to take when encountering wildlife.		23
OGS-47.0	Winter Safety for Oil and Gas Personnel	Upon completion of this learning event, the learner will demonstrate knowledge of how to identify the factors that contribute to heat loss, the adverse effects of cold stress and how to treat them, preventative measures to avoid cold stress, the winter-related hazardous road conditions and safe driving practices, and how to prepare for hazardous driving conditions.		21

On-Campus Series

CODE	TITLE	DESCRIPTION	M/D	TIME
UNV-3.0	Active Shooter On Campus (A.L.I.C.E.)	Active shooter incidents on campuses have become a growing source of concern in recent years. Upon completion of the learning event, the learner will have displayed the ability to recognize recommended actions to take in an active shooter event, as well as common secondary hazards and recommended actions.		30
UNV-4.0	Biological Safety On Campus	Upon completion of this learning event, the learner will have displayed the ability to recognize the basic theory behind biological safety, common biological hazards, and the role of safety equipment in biosafety. The learner will also recognize the importance of housekeeping in biosafety as well as common first aid practices and practices for safe working after hours.		30
UNV-5.0	Bloodborne Pathogens for Research and Campus Activities	Upon completion of this learning event, the learner will demonstrate knowledge of OSHA's Bloodborne Pathogens standard, properties of bloodborne diseases, modes of bloodborne disease transmission, characteristics of the pathogens addressed in the Bloodborne Pathogens standard, and the basics of incident response, cleanup and exposure control.		31

On-Campus Series (Cont.)

CODE	TITLE	DESCRIPTION	M/D	TIME
UNV-6.0	Campus Emergency Action Plans	Emergencies are unpredictable, and can happen at facilities without warning. Even so, having a well-defined emergency action plan is key to maintaining worker and customer safety. While workers will need additional training on your facility's specific EAP, this course will provide a solid general foundation. Upon completion of this learning event, the learner will have displayed the ability to recognize possible types of alarm signals, common steps and strategies to follow during an emergency evacuation, circumstances and methods for using portable fire extinguishers, and strategies to take during tornadoes, bomb threats, and when faced with a violent person.		32
UNV-17.0	Campus Security Authorities	Upon completion of the learning event, the learner will have demonstrated the ability to recognize which employees are designated as Campus Security Authorities under the Clery Act, and to identify their responsibilities regarding reporting campus crimes.		27
UNV-15.0	Chemical Hazards in Laboratories and Research Facilities	Upon completion of the learning event, the learner will have displayed the ability to recognize the basics of chemical safety in the laboratory.		24
UNV-9.0	Driving On and Off Campus	Upon completion of this learning event, the learner will demonstrate knowledge of general requirements for work-related driving on/for colleges and universities, safety requirements for work-related driving, recommended safe practices for driving with various road hazards, and how to avoid dangerous driving behaviors.		20
UNV-1.0	FERPA - Family Educational Rights and Privacy Act	Upon completion of this learning event, the learner will demonstrate knowledge of the Family Educational rights and Privacy Act (FERPA) and how it determines student and parental rights in post-secondary education settings.		26
UNV-7.0	Fire Safety On Campus	Fire awareness and knowledge of evacuation procedures are necessary in all campus environments. Upon completion of this learning event, learners will display a general awareness of employee responsibilities, different types of alarm signals and their meanings, common evacuation route procedures, how to correctly use fire extinguishers, and the components of a combination evacuation plan. This course is provided to assist the employer in meeting the requirements of OSHA Standard 29 CFR 1910.33 – 39.		31
UNV-14.0	Golf Cart Safety	Upon completion of the learning event, the learner will have displayed the ability to identify best practices for using a golf cart or low speed vehicle on the job.		26
UNV-8.0	Laboratory Safety in Research and Education	Upon completion of the learning even, the learner will have displayed the ability to identify physical and chemical hazards common to lab work, as well as recommended safety procedures.		25
UNV-10.0	Suspicious Packages	Upon completion of the learning event, the learner will have displayed the ability to recognize the characteristics of suspicious packages, and steps to take if a suspicious package is discovered or accidentally opened.		20
UNV-13.0	Title IX/Sexual Misconduct at Educational Facilities	Upon completion of the learning event, the learner will have displayed the ability to identify the requirements of Title IX and its companion laws regarding sexual misconduct in education, and to understand their role in responding to sexual misconduct on campus.		41
UNV-11.0	Working With Animals in Research	Upon completion of the learning events, learners will have displayed the ability to recognize the general purpose and requirements of the Animal Welfare Act, general practices required by the Act for those working with and/or around designated animals in a research setting, and generally accepted test animal care practices.		26
UNV-12.0	Working With Lasers in Research and Education	Upon completion of the learning event, the learner will have displayed the ability to identify the basic principles of laser function and operation, common types of lasers, and beam related and non-beam related hazards associated with laser use. Learners will also identify recommended controls used to eliminate or minimize laser hazards.		30

Retail and Grocery

CODE	TITLE	DESCRIPTION	M/D	TIME
RET-10.0	Back Injury Prevention in the Retail Industry	Upon completion of the learning event, the learner will have displayed the ability to identify common causes of back injuries, as well as engineering controls, administrative controls, and personal protective equipment used to prevent back injuries in the workplace.		16
RET-9.0	Customer Violence in the Retail Environment	Upon completion of the learning event, the learner will have displayed the ability to identify the workplace violence risks common to retail and grocery settings and the proper ways to spot, respond to and report threats in the workplace.		18
RET-7.0	Ergonomics in the Retail Industry	Upon completion of the learning event, the learner will have displayed the ability to identify ergonomic risk factors, types of ergonomic injuries, how to control ergonomic risks and the importance of reporting issues that could lead to ergonomics hazards.		18
RET-5.0	Ladder Safety in the Retail Industry	Upon completion of the learning event, the learner will have displayed the ability to identify safe work practices for using ladders in retail and grocery settings. Topics include types of ladders, ladder inspection, ladder setup, proper ladder use, and the importance of fall protection.		18
RET-4.0	Loss Prevention in Retail Sales	Upon completion of the learning event, the learner will have displayed the ability to identify the goals of loss prevention, common types of theft, and employee responsibilities in loss prevention.		17
RET-3.0	Parking Lot Safety	Upon completion of the learning event, the learner will have displayed the ability to identify common hazards common to parking lots, and how to protect both themselves and customers from them.		16
RET-2.0	Slips, Trips and Falls in Retail Sales	Upon completion of the learning event, the learner will have displayed the ability to identify rules and safe work practices designed to prevent slips, trips and falls in retail and grocery environments.		12
RET-1.0	Trash Disposal	Upon completion of the learning event, the learner will have displayed the ability to identify laws and rules regarding trash disposal, different types of trash, recycling procedures, the proper way to bale corrugated cardboard, the proper way to operate a compactor, and how to handle universal waste.		17

Spanish Series

CODE	TITLE	DESCRIPTION	M/D	TIME
ASB-1.0esp	Asbestos Hazard Awareness - Spanish	This course will teach employees about the basics of how to identify asbestos hazards and protect themselves from them at work. Employees will learn about the sources and properties of asbestos, its historical and contemporary uses, how to spot asbestos hazards and how to minimize or eliminate those hazards.		19
JSA-2.0esp	Back Injury Prevention - Spanish	Upon completion of this learning event, the learner will demonstrate knowledge of the major causes of workplace back injuries and how to prevent them. Employees will learn about hazards and the three major types of hazard controls. This course provides information to aid the employer in meeting OSHA Standard 1910.900. The employer may also be interested in Industrial Ergonomics, or Office Ergonomics courses.		13
BFA-1.0esp	Basic First Aid - Spanish	This course will teach employees the basics of first aid procedures and how to apply them to real-world scenarios. Employees will learn their legal responsibilities as a first aid provider, how to identify different types of medical emergencies and the proper steps to take, and how to react in specific environmental conditions like extreme heat and cold.		32
BBP-1.0esp	Bloodborne Pathogens - Spanish	This course will teach employees about the hazards of bloodborne pathogens in the workplace. Employees will learn how to identify major bloodborne diseases and symptoms, how pathogens are transmitted and the basics of exposure prevention and incident response and cleanup.		30
CFS-1.0esp	Confined Space Awareness - Spanish	Confined spaces are some of the most hazardous work environments. This course will teach employees the hazards and safety precautions associated with confined spaces, with a heavy emphasis on OSHA safety requirements. Employees will learn how to identify confined spaces, their hazards, methods used to control those hazards and the regulations regarding 'permit-required' confined spaces.		23
ELT-1.0esp	Electrical Safety - Spanish	Upon completion of this learning event, the learner will demonstrate knowledge of potential hazards associated with electrical equipment in the workplace and how to minimize or eliminate those hazards. Employees will learn how to recognize the dangers of electricity, possible electrical injuries, and how to use standard hazard controls. This course covers topics related to basic electric safety as outlined in 1926.403, 1926.404, 1926.416, and 1926.417. This course focuses on the construction industry and is not intended for qualified workers, who according to OSHA's definition is a person knowledgeable in the construction and operation of the electric power generation, transmission, and distribution equipment involved. This course does not qualify an unqualified worker.		19
EAP-1.0esp	Emergency Action Plans for Office Employees - Spanish	Upon completion of the learning event, the learner will display the ability to identify several types of common emergency situations and how to react to them in an office setting.		29
FRS-1.0esp	Fire Safety - Spanish	Unfortunately, fires are all too common in the workplace. This course will teach employees how to respond to a fire emergency to stay safe. Employees will learn their responsibilities in a fire emergency, how to identify different alarm signals, evacuation routes and procedures and fire extinguisher use.		20
FLO-1.0esp	Forklift Operator Training - Fundamentals - Competency Format - Spanish	Upon completion of the learning event, the learner will display the ability to recognize the forklift's instruments and controls, common hazards associated with forklift operation and OSHA-required safe work practices for forklift operation.		24
FLO-2.0esp	Forklift Operator Training - Safe Operations - Spanish	Upon completion of the learning event, the learner will have displayed the ability to identify the safe work practices required by OSHA for proper forklift operations.		10

Spanish Series (Cont.)

CODE	TITLE	DESCRIPTION	M/D	TIME
FLO-3.0esp	Forklift Operator Training - Safe Traveling and Loading - Spanish	Upon completion of the learning event, the learner will have displayed the ability to identify the safe work practices required by OSHA for proper forklift traveling and loading.		11
GHS-1.0esp	Globally Harmonized System - Spanish	Upon completion of this learning event, employees will demonstrate knowledge of the recently implemented Globally Harmonized System (Under OSHA's Hazard Communication Standard). Employees will learn about the new label and safety data sheet requirements about the standard as well as answers to common questions about the standard. This course is intended to assist the employer in meeting OSHA Standard 29 CFR 1910.1200.		18
HZC-1.0esp	Hazard Communication - Spanish	Hazard Communication is an OSHA standard that requires employers to create a program addressing chemical hazards in the workplace if employees will be exposed to them. This course will teach employees about Hazard Communication programs. Employees will learn about the hazards of potential chemical exposure, types of hazards, Material Safety Data Sheets, chemical detection methods and how chemical hazards are controlled.		29
HRC-1.0esp	Hearing Conservation - Spanish	Hearing loss is a major hazard in many workplaces. This course will teach employees about noise levels, hearing hazards and OSHA's recommendations on how to prevent hearing loss. Employees will learn how to define noise and noise levels, hearing loss, and recognize different types of hearing protection.		20
ERG-1.0esp	Industrial Ergonomics - Spanish	Upon completion of this learning event, employees will demonstrate knowledge of ergonomics in industrial settings to reduce injury. Employees will learn how to identify ergonomic risk factors, potential injuries, and methods to minimize or eliminate ergonomic hazards. The OSHA ergonomic standard 29 CFR 1910.900 has been removed. This course covers some of the training requirements that were outlined in the old standard such as the signs and symptoms of MSDs and reporting them, basic risk factors, and controls. This does not address job-specific hazards but it a great course that details the risks and controls of general ergonomic hazards and can be used to supplement workplace specific training.		18
INO-1.0esp	Introduction to OSHA - Spanish	Upon completion of this learning event, employees will demonstrate knowledge of OSHA's role in the workplace and how it works to increase worker safety. Employees will learn why OSHA was created, its goals and organizational structure, OSHA's inspection and citation procedures, and what resources OSHA offers to workers.		30
LOT-1.0esp	Lockout/Tagout - Spanish	This course will teach employees how lockout/tagout programs work and the different roles workers must play to make them successful. Employees will learn to identify the importance of proper lockout/tagout procedures, what workers are authorized to perform those procedures, the special provisions of lockout/tagout programs, and more.		19
BOS-1.0esp	Office Safety - Spanish	Upon completion of this online training course, the Learner will have the ability to identify common office hazards and their recommended preventive measures. There is no standard for office safety; however, all office related hazards are covered under the General Duty Clause. This course covers the general types of hazards encountered in an office workplace and teaches how to control and prevent them.		18
PPE-1.0esp	Personal Protective Equipment - Spanish	Personal protective equipment, or PPE, is a requirement for many different jobs. This course will teach employees to identify the need for PPE, define the concept of a hazard assessment, things to consider when choosing PPE, and the different types of PPE used to protect all parts of the body.		35

Spanish Series (Cont.)

CODE	TITLE	DESCRIPTION	M/D	TIME
RSP-1.0esp	Respiratory Protection - Spanish	Upon completion of this learning event, the learner will demonstrate knowledge of the basics of respiratory protection and how to use it on the job. Employees will learn about potential inhalation hazards, the different respirator types and their uses, how to fit test a respirator mask, and respirator care and maintenance. This course is intended to assist the employer in meeting OSHA Standard 29 CFR 1910.134, Respiratory Protection. Workplace specific information and hands-on training will need to be provided by the employer.		22
EMR-1.0esp	Respuesta de Emergencia (Emergency Response)	Las emergencias inesperadas pueden suceder en cualquier momento y en cualquier lugar. Al finalizar este evento de aprendizaje, el estudiante demostrará conocimientos sobre lo que debe hacer en caso de una emergencia en el lugar de trabajo. Los empleados aprenderán a identificar la importancia de un plan de respuesta ante emergencias bien definido y a informar las emergencias, los componentes de una evacuación y a identificar las acciones de respuesta ante emergencias. Este curso proporciona información para ayudar a los empleadores en el cumplimiento de los requisitos de capacitación de la OSHA (Administración de Seguridad y Salud Ocupacional) 29 CFR 1910.38. Además de este curso, el empleador también puede estar interesado en los cursos de Seguridad contra incendios para los empleados y de Extinguidores de incendio portátiles.		18
MSD-1.0esp	Safety Data Sheets - Spanish	Material Safety Data Sheets are provided by chemical manufacturers to communicate the potential chemical hazards of their products. This course will teach employees about MSDSs and how they can use them to protect themselves from harmful exposure. Employees will learn to recognize the purpose of MSDSs, identify the sections of MSDSs and their contents, use a glossary to find common MSDS terms and identify where MSDSs should be kept.		25
LDR-1.0esp	Seguridad con Escaleras (Ladder Safety)	Al finalizar este evento de aprendizaje, los empleados demostrarán tener conocimiento sobre los peligros de las escaleras y prácticas coherentes y seguras de trabajo. Los empleados aprenderán a reconocer los peligros del uso de las escaleras, los diferentes tipos de escaleras, los requisitos de inspección de las escaleras y las reglas de uso de las escaleras. Este curso está diseñado para ayudar al empresario a cumplir con las normas de la OSHA (Administración de Seguridad y Salud Ocupacional) 29 CFR 1910.24-27. Además de este curso, también puede ser necesario que el empleador proporcione cursos de Protección contra caídas y Resbalones, tropiezos y caídas.		20
STF-1.0esp	Slips, Trips and Falls - Competency Format - Spanish	Slips, trips and falls area major source of injury in U.S. workplaces. This course will teach employees about slip, trip and fall hazards and what they can do to minimize or eliminate those hazards. Employees will learn to identify general OSHA safety requirements, guarding for floor and wall openings, issues with stairways, ladder, scaffolds, loading docks and how personal behavior affects safety.		21
STW-2.0esp	Storm Water Pollution Prevention for Industrial Operations - Spanish	Storm water pollution is a problem at virtually all facilities, whether industrial, retail, or otherwise. This course will teach employees about the problem of storm water pollution and how to prevent it. Employees will learn to identify major points of storm water pollution and its impact, how storm water carries pollution, and the importance of their role in carrying out storm water pollution prevention Best Management Practices.		30

SuperMarket Safety Series

CODE	TITLE	DESCRIPTION	M/D	TIME
SSS-2.0	Backroom Safety - Supermarket	Upon completion, the learner will display the ability to recognize common supermarket backroom hazards and recommended safe work practices.		21
SSS-3.0	Bakery and Deli Safety - Supermarket	Upon completion of the learning event, the learner will have displayed the ability to recognize common hazards associated with supermarket bakery and deli work and their recommended safe work practices.		19
SSS-6.0esp	Fundamentos de Levantamiento Seguro (Safe Lifting Basics)	Al finalizar, el estudiante mostrará la capacidad de reconocer los peligros comunes del levantamiento y sus prácticas seguras recomendadas de trabajo.		0
SSS-1.0	General Safety - Supermarket	Upon completion of the learning event, the learner will display the ability to identify common hazards associated with the supermarket working environment and their recommended safe work practices.		27
SSS-4.0	Meat Market Safety - Supermarket	Upon completion of the learning event, the learner will have displayed the ability to recognize common hazards associated with supermarket meat market work and their recommended safe work practices.		16
SSS-4.0esp	Mercado de la Carnicería (Meat Market Safety)	Al finalizar la actividad de aprendizaje, el estudiante habrá mostrado la capacidad de reconocer los peligros comunes asociados con el trabajo en el mercado de carnes en supermercados y sus prácticas seguras recomendadas de trabajo.		16
SSS-5.0esp	Resbalones, Tropiezos y Caídas (Slips, Trips and Falls)	Al finalizar la actividad de aprendizaje, el estudiante habrá mostrado la capacidad de reconocer los peligros comunes de resbalones, tropiezos y caídas en entornos de trabajo de supermercados y sus recomendadas prácticas de trabajo.		0
SSS-6.0	Safe Lifting Basics - Supermarket	Upon completion, the learner will display the ability to recognize common lifting hazards and their recommended safe work practices.		14
SSS-3.0esp	Seguridad de la Panadería y el Deli (Bakery/Deli Safety)	Al finalizar la actividad de aprendizaje, el estudiante habrá mostrado la capacidad de reconocer los peligros comunes asociados con el trabajo en panaderías y rotiserías en supermercados y las prácticas seguras recomendadas de trabajo.		19
SSS-2.0esp	Seguridad de la Trastienda del Supermercado (Backroom Safety)	Al finalizar, el estudiante mostrará la capacidad de reconocer los peligros comunes en la trastienda de los supermercados y las prácticas seguras recomendadas de trabajo.		20
SSS-1.0esp	Seguridad General del Supermercado (General Safety)	Al finalizar la actividad de aprendizaje, el estudiante mostrará la capacidad de identificar los peligros comunes asociados con el entorno de trabajo en los supermercados y las prácticas seguras recomendadas de trabajo.		26
SSS-5.0	Slips, Trips and Falls - Supermarket	Upon completion of the learning event, the learner will have displayed the ability to recognize slip, trip and fall hazards common to supermarket work environments and their recommended work practices.		12

Traditional Format Courses

CODE	TITLE	DESCRIPTION	M/D	TIME
BBP-11	Bloodborne Pathogens - Traditional Format	This course will teach employees about the hazards of bloodborne pathogens in the workplace. Employees will learn how to identify major bloodborne diseases and symptoms, how pathogens are transmitted and the basics of exposure prevention and incident response and cleanup.		30
ELT-11	Electrical Safety - Traditional Format	This course will teach employees the potentials hazards of electrical equipment in the workplace and how to minimize or eliminate those hazards. Employees will learn how to recognize the dangers of electricity, possible electrical injuries, and standard hazard controls.		19
FLO-11	Forklift Operator Training - Fundamentals - Traditional Format	Upon completion of the learning event, the learner will display the ability to recognize the forklift's instruments and controls, common hazards associated with forklift operation and OSHA-required safe work practices for forklift operation.		24
HZC-11	Hazard Communication - Traditional Format	Hazard Communication is an OSHA standard that requires employers to create a program addressing chemical hazards in the workplace if employees will be exposed to them. This course will teach employees about Hazard Communication programs. Employees will learn about the hazards of potential chemical exposure, types of hazards, Material Safety Data Sheets, chemical detection methods and how chemical hazards are controlled.		29
ERG-11	Industrial Ergonomics - Traditional Format	Ergonomics is the process of reducing worker injury through effective workplace design. This course will teach employees how to use ergonomics in industrial settings to reduce injury. Employees will learn how to identify ergonomic risk factors, potential injuries and methods to minimize or eliminate ergonomic hazards.		18
LOT-11	Lockout/Tagout - Traditional Format	This course will teach employees how lockout/tagout programs work and the different roles workers must play to make them successful. Employees will learn to identify the importance of proper lockout/tagout procedures, what workers are authorized to perform those procedures, the special provisions of lockout/tagout programs, and more.		19
PPE-11	Personal Protective Equipment - Traditional Format	Personal protective equipment, or PPE, is a requirement for many different jobs. This course will teach employees to identify the need for PPE, define the concept of a hazard assessment, things to consider when choosing PPE, and the different types of PPE used to protect all parts of the body.		35
STF-11	Slips, Trips and Falls - Traditional Format	Upon completion of this learning event, employees will demonstrate knowledge of slip, trip and fall hazards and what they can do to minimize or eliminate those hazards. Employees will learn to identify general OSHA safety requirements, guarding for floor and wall openings, issues with stairways, ladder, scaffolds, loading docks and how personal behavior affects safety. This course is intended to assist the employer in meeting the requirements of OSHA Standards in 29 CFR 1910 Subpart D.		21
STF-11esp	Slips, Trips and Falls - Traditional Format - Spanish	Slips, trips and falls area major source of injury in U.S. workplaces. This course will teach employees about slip, trip and fall hazards and what they can do to minimize or eliminate those hazards. Employees will learn to identify general OSHA safety requirements, guarding for floor and wall openings, issues with stairways, ladder, scaffolds, loading docks and how personal behavior affects safety.		21

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